Friday, May 4, 2018
7:30 am - 3:30 pm
Killington Grand Resort
Killington, Vermont
Hunger Action Conference 2018
vtfoodbank.org/event/hac
Diversity & Inclusion

What is a CSA?

- **C**ommunity **S**upported **A**griculture
  - Pay up front for a season's worth of food
  - Regularly scheduled pick-ups
  - Variety of models

NOFA-VT Farm Share

- Subsidized CSA shares for low-income households
- Cost-sharing model
  - Participant pays 50%
  - NOFA fundraises 25%
  - Farm fundraises 25%

NOFA-VT Farm Share

- In 2017…
  - 216 shares
  - 33 farms
  - 616 individuals (279 children)
  - NOFA contributed $20,600 towards shares
  - $91,600 to farmers in total

NOFA-VT Senior Farm Share

- Low-income senior housing sites
- $50 worth of produce over 5-10 weeks
- Tailored for senior's diets and preferences

NOFA-VT Senior Farm Share

- In 2017…
  - 967 shares
  - 62 sites
  - 14 farms
  - $48,350 to farmers

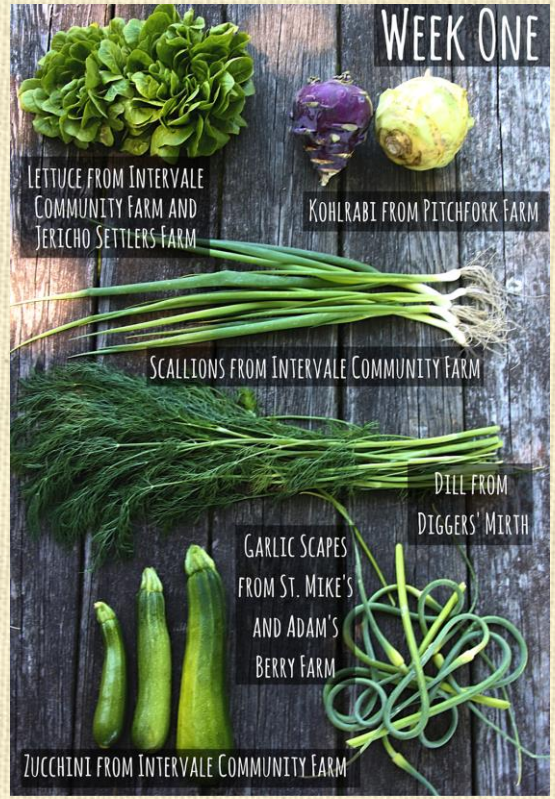
NOFA-VT Farm Share

- Expand market for farmers
- Access to nutritious foods
- Builds an inclusive food system
- Community connections

Intervale Center Fair Share Program

- CSA comprised entirely of gleaned and rescued produce
- 200 limited-income households
  - (185% of FPL or below)
- 20 social service organizations and agencies

Intervale Center Fair Share Program



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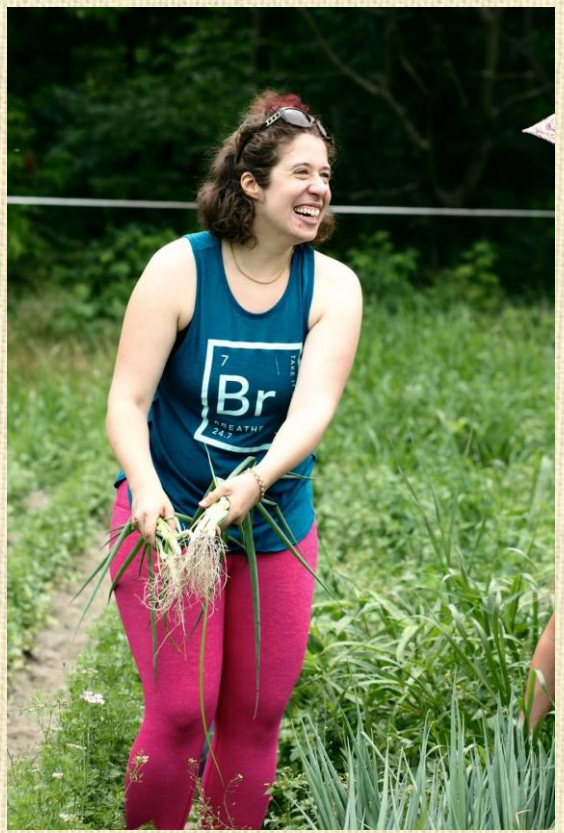
Intervale Center Fair Share Program

- Provide weekly volunteer opportunities for community members to glean
- Create a dignified charitable food environment that is educational and inclusive



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Diversity & Inclusion

VYCC Health Care Share

- The Health Care Share (HCS) is a farm-to-hospital public health program.

- Share distribution in 2017..

UVMMC: 100 shares
CVMC: 150 shares
RRMC: 130 shares
NCH: 62 shares
Mountain Health Center: 15 shares
Richmond Family medicine:16 shares

VYCC Health Care Share

- Health care providers identify patients experiencing food insecurity and/or diet-related illness.
- Prescription: 15 weeks of fresh fruits and vegetables/ year
- All HCS Members receive a resource binder with recipes, basic cooking tutorials, and nutrition information.

VYCC Health Care Share

-VYCC employs youth ages 15-24

-Pre-Employment Training skills

-Personal nutrition and Finance

-Learn the basics of cooking

VYCC Health Care Share

Our Impact:

- Almost 1,000 Vermont families have participated in the HCS since its inception in 2012.
- In 2017 alone, more that 500 Member-families from 6 different medical partners participated in the HCS.
- In 2017, the HCS employed 63 youth and young adults who grew Over 80,000 lbs of produce.

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Diversity & Inclusion

CSA Models: benefits & challenges

Benefits:

- Accountability
- Weekly consistency
- Habit-building
- Face-to-face
- Dignity!
- Inclusivity!

Challenges:

- Transportation
- Up-front cost
- Convenience
- Access to labor
- FUNDING!

Questions??

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