

# Keep germs from spreading, wash your hands often and well.

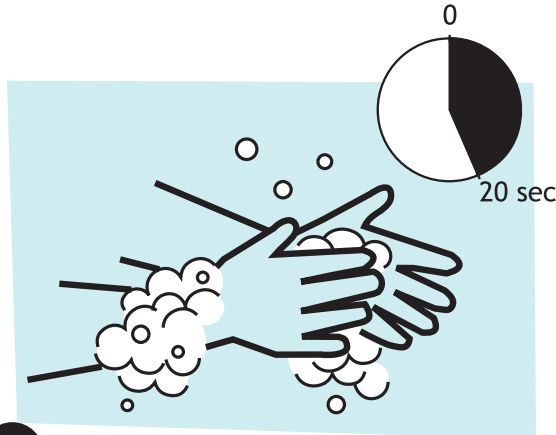
## Proper handwashing:



1 Use warm water.



2 Moisten hands/apply soap.



3 Rub hands together for 20 seconds.



4 Rinse thoroughly.



5 Dry hands.

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