



Cucumber Salad

6 servings

INGREDIENTS

- 4 cucumbers, thinly sliced
- 1/2 red onion, sliced
- 1 clove chopped garlic
- Salt and pepper to taste
- 1 Tbsp olive oil
- 3 Tbsp vinegar - rice, apple cider or balsamic
- 1 tsp dill (optional)

DIRECTIONS

1. Combine all ingredients in a medium bowl.
2. Chill for one hour.
3. Toss and serve.
4. Enjoy!
5. Refrigerate leftovers.



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This material was funded by USDA's Supplemental Nutrition Assistance Program (SNAP). USDA is an equal opportunity provider and employer. In Vermont, SNAP is called 3SquaresVT. It can help low income people buy foods for a better diet. We can help you apply. Contact the Vermont Foodbank at 855-855-6181 or text VFBSNAP to 85511.