



Fresh Salsa

4-6 servings

INGREDIENTS

- 3 cups chopped tomatoes
- 1/2 cup of green pepper
- 1 onion diced
- 1/4 cup cilantro (optional)
- 2 Tbsp lime juice
- 1 Tsp salt

DIRECTIONS

1. Stir together tomatoes, green pepper bell pepper, onion, cilantro, lime juice and salt. Enjoy!



This material was funded by USDA's Supplemental Nutrition Assistance Program (SNAP). USDA is an equal opportunity provider and employer. In Vermont, SNAP is called 3SquaresVT. It can help low income people buy foods for a better diet. We can help you apply. Contact the Vermont Foodbank at 855-855-6181 or text VFBSNAP to 85511.