### Roasted Delicata Smiles

**INGREDIENTS**
- 2 delicata squash
- 3 Tbsp oil
- Salt and pepper, to taste
- Cinnamon (optional)

**DIRECTIONS**
1. Preheat oven to 375°F.
2. Cut squash in half lengthwise. Scoop out seeds. Place squash open side down on cutting board and cut into 1/2 inch rounds.
3. Place rounds in a bowl. Add oil, salt (and pepper, if desired) and toss until evenly coated.
4. Place on baking sheet, sprinkle with cinnamon (if desired), and roast in oven for 15-20 minutes or until a fork goes through easily.
5. Serve and enjoy!

This material was funded by USDA’s Supplemental Nutrition Assistance Program (SNAP). USDA is an equal opportunity provider and employer. In Vermont, SNAP is called 3SquaresVT. It can help low income people buy foods for a better diet. We can help you apply. Contact the Vermont Foodbank at 855-855-6181 or text VFBSNAP to 85511.