

4-6 servings

Tomato Bruschetta

INGREDIENTS

- 6 or 7 ripe plum or heirloom tomatoes (about 1 1/2 lbs)
- 2 cloves garlic, minced
- Salt and pepper to taste
- 1 Tbsp extra virgin olive oil
- 1 tsp vinegar
- 6 8 fresh basil leaves, chopped
- Optional: toasted bread, parmesan cheese

DIRECTIONS

- 1. Finely chop tomatoes and place in a large bowl.
- 2. Add minced garlic, olive oil, vinegar and basil leaves.
- 3. Season with salt and pepper to your liking.
- 4. Optional: sprinkle with parmesan cheese.

*If toasting bread for Bruschetta, preheat oven to 450°F. Slice bread and drizzle with olive oil. Place in oven and toast for 5-6 minutes or until lightly brown.



This material was funded by USDA's Supplemental Nutrition Assistance Program (SNAP). USDA is an equal opportunity provider and employer. In Vermont, SNAP is called 3SquaresVT. It can help low income people buy foods for a better diet. We can help you apply. Contact the Vermont Foodbank at 855-855-6181 or text VFBSNAP to 85511.