



# Cinnamon Apples w/ Maple Syrup

Serves 1

## INGREDIENTS

- 1 apple
- Good shake of cinnamon
- 1 Tbsp. maple syrup

## DIRECTIONS

1. Wash apple and pat dry.
2. Using an apple corer/ wedger (I like one that cuts into 16 wedges) cut apple. This can also be done with a paring knife.
3. Dust with cinnamon and drizzle with maple syrup. Syrup may also be served on the side for dipping.
4. Serve immediately. Enjoy!



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This material was funded in part by USDA's Supplemental Nutrition Assistance Program (SNAP). USDA is an equal opportunity provider and employer.