



Hunger in America 2014

Report for Vermont Foodbank

Washington County Data



A Report on Charitable Food Distribution in 2013

Table A1 Agency and Program Characteristics

Characteristic	Count	Estimate	Percentage Margin of Error (+/-)
Partner Agency by Type			
Faith-based or located in a religious institution	10	23.3%	10.0%
Not faith-based	33	76.7%	10.0%
Total excluding nonresponse	43	100.0%	.
Number of Programs by Type			
Meal	28	29.2%	7.7%
Grocery	27	28.1%	7.7%
Food-related benefits	3	3.1%	3.0%
Non-food	38	39.6%	8.3%
Total excluding nonresponse	96	100.0%	.

	Median	Sum	Margin of Error(+/-)
Agency Staffing			
Agency full-time equivalent staff at time of survey	5	544	364

	Count	Estimate	Margin of Error(+/-)
Number of agencies with no full-time equivalent staff at time of survey	14	32.6%	11.1%

	Median	Sum	Margin of Error(+/-)
Program Volunteers			
Number of program volunteers (weekly)	4	937	296

	Min	Max	Median
Total volunteer hours per week per program	2	336	36

Average Percentage of Program Volunteers by Age			
18 and younger		4.4%	
19-59		57.0%	
60 and older		38.6%	
Total excluding nonresponse		100%	

	Count	Estimate	Percentage Margin of Error(+/-)
Program Challenges			
Difficulty obtaining volunteers (some or a lot of difficulty)	28	68.3%	12.4%
Difficulty retaining volunteers (some or a lot of difficulty)	20	51.3%	13.7%

Areas of volunteer/staff training needs

Table A1 Agency and Program Characteristics

Characteristic	Count	Percentage	
		Estimate	Margin of Error (+/-)
Accessing local food resources	12	25.5%	10.8%
Food safety and sanitation	24	45.3%	11.6%
Advocacy training	12	25.5%	10.8%
Client choice	6	12.5%	8.1%
Food Stamp (SNAP) application assistance and outreach	11	22.9%	10.3%
Fundraising/grant writing	19	38.8%	11.8%
Nonprofit management / board governance	9	18.8%	9.6%
Nutrition education	22	40.7%	11.3%
Social media	11	22.9%	10.3%
Summer feeding	5	10.4%	7.5%
Technology assistance	13	27.1%	10.9%
Volunteer recruitment/retention/staff succession planning	14	29.2%	11.1%

	Count		
	No Volunteers	Half of total volunteers or less	More than half of total volunteers
Source of Program Volunteers			
Connected to Agency	5	17	15
Religious groups	14	14	2
United Way	24	3	0
Other Civic/Nonprofit	17	12	1
Companies or business groups	18	10	0
Kindergarten through 12th grade school programs	23	5	0
Colleges/Universities	21	6	1
Court-ordered community service	15	13	0
Clients	15	11	2
Volunteers connected to food bank	23	4	0
Some Other Source	10	12	5

Average Percentage of Total Program Food Distributed

Washington	50.1%
Other	0.5%
Donations	15.4%
Purchased	34.0%
Total excluding nonresponse	100.0%

	Count	Percentage	
		Estimate	Margin of Error(+/-)
Program Access to Vehicles			
Owens truck(s), van(s), or car(s) for pickups	13	32.5%	12.6%
Rents/leases truck(s), van(s), or car(s) for pickups	2	5.4%	6.4%
Depends on personal truck(s), van(s), or car(s) of staff or volunteers for pickups	35	79.5%	10.3%
Works with other programs to share the responsibility for pickups	4	10.3%	8.3%
Food and groceries are delivered to program	15	36.6%	12.8%

Table A1 Agency and Program Characteristics

Characteristic	Count	Estimate	Percentage Margin of Error (+/-)
Program Reported Changes in Demand and Supply in the Past 12 months			
Volume of clients compared to prior year			
Saw any increase	25	48.1%	11.7%
About the same	27	51.9%	11.7%
Saw any decrease	0	0%	0%
Total excluding nonresponse	52	100.0%	.
Food available to meet needs of clients			
More food than needed	12	23.1%	9.9%
Enough food to meet needs	31	59.6%	11.5%
Less food than needed	9	17.3%	8.9%
Total excluding nonresponse	52	100.0%	.
Programs Turning Clients Away in the Past 12 Months			
Programs turning clients away for any reason			
Programs turning clients away frequently or occasionally due to	6	11.3%	7.4%
Program ran out of food	0	0%	0%
Clients came more often than program rules allow	0	0%	0%
Client lived outside the program's service area	1	16.7%	33.6%
No ID	0	0%	0%
Income too high	1	16.7%	33.6%
Other	5	83.3%	16.7%
Program Restrictions			
Any Type Of Service Restriction			
Daily	0	0%	0%
Weekly	6	10.9%	7.1%
Monthly	9	16.4%	8.4%
Quarterly/Seasonally	0	0%	0%
Annually	2	3.6%	4.3%
Agency Nutrition and Health Services			
Agencies that provide any type of nutrition services			
Fliers or written materials	29	67.4%	11.1%
Cooking classes or demonstrations	26	60.5%	11.6%
Nutrition workshops or classes or meetings with dietitians	21	48.8%	11.9%
Referrals	16	37.2%	11.5%
Other	19	44.2%	11.8%
Other	9	20.9%	9.7%
Agencies that do not provide any type of nutrition services	14	32.6%	11.1%
Total excluding nonresponse	43	100.0%	.
For those offering nutrition services how many led by:			
Agency Staff	20	83.3%	12.7%
Agency volunteers	15	57.7%	16.0%
Local nutritionists or other health professionals in partnership	14	51.9%	15.8%

Table A1 Agency and Program Characteristics

Characteristic	Count	Estimate	Percentage Margin of Error (+/-)
with agency			
Staff from food bank	5	20.8%	13.8%
Staff from Farm Bureau or Cooperative extension	1	4.5%	7.5%
Staff from local colleges/universities	2	9.1%	10.3%
Someone else	10	43.5%	17.3%
Agency Obstacles to Distribution of Healthier Foods			
Client reasons (unwillingness to eat, inability to store, etc.)	22	55.0%	12.4%
Too expensive to purchase healthier foods	35	81.4%	9.2%
Inability to store/handle healthier foods	11	28.2%	11.4%
Lack of knowledge about healthier foods	0	0%	0%
Healthier food not a priority	2	5.1%	5.6%
Inability to obtain healthier foods from other donors/food sources	25	58.1%	11.7%
Agency Services Related to Government Programs			
Agencies that provided any SNAP-related services	24	55.8%	11.8%
Screening for eligibility	10	23.8%	10.3%
Application assistance	14	34.1%	11.6%
Education about the program	22	52.4%	12.0%
Recertification for the program	13	31.7%	11.4%
Agencies that did not provide any SNAP-related services	18	41.9%	11.7%
Total excluding nonresponse	43	100.0%	.
Agency Reasons for Not Offering SNAP Services, Among Agencies Reporting Not Offering Them			
Staff-related issues	7	46.7%	22.8%
Not enough time	6	40.0%	22.4%
Lacking physical space or equipment	8	53.3%	22.8%
SNAP is not part of what this agency does	13	72.2%	18.2%
Other reason	4	33.3%	24.9%
Agency Services Related to Other Non-SNAP Programs			
Special Supplemental Nutrition Program for Women Infants and Children (WIC)	13	30.2%	10.9%
Temporary Assistance for Needy Families (TANF) program	8	18.6%	9.2%
Medicaid or other health care programs	20	46.5%	11.8%
Supplemental Security income (SSI)	16	37.2%	11.5%
Tax preparation or Earned Income Tax Credit (EITC) assistance	10	23.3%	10.0%
Housing assistance like Section 8	18	41.9%	11.7%
Agencies Providing Combinations of Other non-SNAP Program Services			
One non-food service	4	9.3%	6.9%
Two non-food services	1	2.3%	3.6%

Table A1 Agency and Program Characteristics

Characteristic	Count	Percentage	
		Estimate	Margin of Error (+/-)
Three non-food services	2	4.7%	5.0%
Four or more non-food services	5	11.6%	7.6%
Agency Reductions in the past 12 Months			
Experienced Cutbacks	8	19.0%	9.5%
Cut hours of operation	4	9.3%	6.9%
Lay off staff	3	7.0%	6.0%
Limit the area served	2	4.8%	5.1%
Did not Experience Cutbacks	34	81.0%	9.5%
Total excluding nonresponse	42	100.0%	.
Agencies reporting challenges associated with continuing to provide services			
Not enough money	5	11.6%	7.6%
Not enough food supplies	5	11.6%	7.6%
Not enough paid staff or personnel	4	9.3%	6.9%
Not enough volunteers	3	7.0%	6.0%
Not enough money for transportation	4	9.3%	6.9%
Building or location problems	4	9.3%	6.9%
Not enough leadership	2	4.7%	5.0%
Not enough community support	4	9.3%	6.9%
Community doesn't need this program	0	0%	0%
Count			
	No Funding	Half of total funding or less	More than half of total funding
Agency funding			
Government	14	9	13
Individuals	8	21	9
Corporations	19	14	2
Foundations	16	17	1
Religious institutions	21	14	1
Client fees	23	11	1
Other	18	17	0
Percentage			
	Count	Estimate	Margin of Error(+/-)
Program Reliance on Food Bank: Effect if program no longer received food from food bank			
Major effect	35	67.3%	11.0%
Minor effect	12	23.1%	9.9%
No effect at all	5	9.6%	6.9%
Total excluding nonresponse	52	100.0%	.

Table A2 Client Counts

	Weekly		Monthly		Annually	
	Duplicated counts	Unduplicated counts	Duplicated counts	Unduplicated counts	Duplicated counts	Unduplicated counts
Total number of individual clients, all programs	2,900 (+/-1,500)	2,600 (+/-1,400)	12,500 (+/-6,300)	7,600 (+/-4,300)	149,800 (+/-75,800)	21,100 (+/-12,100)
Total number of client households, all programs	1,000 (+/-300)	800 (+/-300)	4,100 (+/-1,200)	2,500 (+/-800)	49,600 (+/-14,000)	7,000 (+/-2,300)
Total number of individual clients by meal and grocery programs						
Meal programs	100 (+/-0)	0 (+/-0)	300 (+/-0)	100 (+/-0)	4,000 (+/-500)	300 (+/-0)
Grocery Programs	2,800 (+/-1,500)	2,600 (+/-1,400)	12,100 (+/-6,300)	7,600 (+/-4,300)	145,800 (+/-75,800)	21,300 (+/-12,200)
Total number of individual clients by selected program subtypes (not mutually exclusive)						
Pantries	2,300	2,200	10,100	5,800	121,500	16,100
Kitchens	100	0	300	0	4,000	0

Table A3 Characteristics of Clients and their Households

Characteristic	Count	Estimate	Percentage Margin of Error (+/-)
Client Age			
0-5	1,134	5.7%	3.8%
6-17	3,236	16.2%	5.9%
18-29	3,883	19.5%	7.2%
30-49	5,444	27.3%	12.0%
50-59	1,998	10.0%	10.0%
60-64	781	3.9%	4.4%
65 or older	3,474	17.4%	8.4%
Total excluding nonresponse	19,950	100.0%	.
Client Race/Ethnicity			
White Non-Hispanic	18,349	88.9%	4.1%
Black Non-Hispanic	78	0.4%	0.5%
Hispanic	60	0.3%	0.3%
Other	2,158	10.5%	3.9%
Total excluding nonresponse	20,645	100.0%	.
Household Size			
1 member	++	++	++
2 to 3 members	++	++	++
4 to 6 members	++	++	++
More than 6 members	++	++	++
Total excluding nonresponse	++	++	++
Primary Language Spoken By Adults at Home			
English	++	++	++
Spanish	++	++	++
Other	++	++	++
Housing			
Non-temporary housing	2,461	98.4%	1.6%
House or townhouse	1,110	44.4%	33.2%
Apartment	749	30.0%	23.2%
Mobile home or house trailer	565	22.6%	9.6%
Other	36	1.4%	1.8%
Temporary housing	39	1.6%	2.4%
Total excluding nonresponse	2,499	100.0%	.
Households without access to stove, microwave or hot plate	++	++	++
Households without access to refrigeration	++	++	++
Housing payment arrangements (non-temporary housing)			
Own with Mortgage	585	23.8%	8.1%

Table A3 Characteristics of Clients and their Households

Characteristic	Count	Estimate	Percentage Margin of Error (+/-)
Own free and clear	276	11.2%	8.7%
Rent or Lease	1,339	54.6%	15.0%
Do not have to pay rent	253	10.3%	11.0%
Total excluding nonresponse	2,453	100.0%	.
Respondents lived at least two places in the past 12 months	550	21.7%	8.9%
Respondents started living with another person or family	286	11.5%	3.3%
Respondents experienced foreclosure or eviction in the past five years	294	11.9%	10.3%
Education			
Household Highest Education Level			
Less than high school	122	5.2%	3.1%
High school diploma	890	37.8%	10.1%
General equivalency diploma or GED	302	12.8%	11.2%
Business, trade, or technical license, certificate, or degree beyond high school	292	12.4%	14.2%
Some college beyond high school or a 2-year college degree	475	20.2%	8.5%
Four-year college degree or higher	275	11.7%	9.0%
Total excluding nonresponse	2,356	100.0%	.
Client Education level			
Less than high school	3,540	23.8%	7.1%
High school diploma	5,808	39.1%	11.1%
General equivalency diploma or GED	896	6.0%	6.6%
Business, trade, or technical license, certificate, or degree beyond high school	2,135	14.4%	14.0%
Some college beyond high school or a 2-year college degree	1,695	11.4%	3.5%
Four-year college degree or higher	778	5.2%	4.8%
Total excluding nonresponse	14,852	100.0%	.
Military Service			
No household member has ever served	1,971	78.1%	13.4%
At least one household member has served	551	21.9%	13.4%
Not currently serving	381	15.1%	13.2%
Household member currently serving	147	5.8%	6.4%
Unknown if currently serving	++	++	++
Total excluding nonresponse	2,522	100.0%	.
Household Employment (of the person who worked the most in the past 12 months; in some households, this person may not be working)			
Work Status			
Worked for pay in the last 4 weeks	1,228	48.8%	16.7%
Worked for pay in the last 12 months	1,364	54.2%	15.6%
Currently out of work	1,288	51.2%	16.7%
Currently out of work, but actively looking in the last 4 weeks	136	5.4%	4.4%

Table A3 Characteristics of Clients and their Households

Characteristic	Count	Estimate	Percentage Margin of Error (+/-)
Hours worked per week, among persons who worked the most in the household			
1-10 hours per week	207	15.2%	7.3%
11-20 hours per week	96	7.0%	9.6%
21-30 hours per week	299	21.9%	10.1%
31-40 hours per week	470	34.5%	9.6%
Over 40 hours per week	292	21.4%	11.1%
Total excluding nonresponse	1,364	100.0%	.
Time out of work, among households where previously most employed person is not working			
Less than 1 month	++	++	++
1-6 months	++	++	++
7-12 months	++	++	++
More than 1 year	++	++	++
Total excluding nonresponse	++	++	++
Out of the workforce, in the past 4 weeks, and not looking for work because			
Retired	++	++	++
Disabled/poor health; caretaker for another person	++	++	++
Other	++	++	++
Total excluding nonresponse	++	++	++
Potential Barriers and Bridges to Employment			
Respondent responsible for grandchildren in household	249	9.9%	7.7%
Household member(s) released from prison in the past 12 months	108	4.3%	5.7%
Adult client student status			
Full-time student(s)	1,258	8.5%	2.4%
Part-time student(s)	960	6.5%	7.2%
Health, Health Insurance, and Medical Bills			
Household: Health status of respondent			
Excellent	236	9.4%	2.3%
Very good	274	10.9%	8.5%
Good	792	31.5%	20.3%
Fair	812	32.3%	28.8%
Poor	399	15.9%	20.6%
Total excluding nonresponse	2,514	100.0%	.
Household member in poor health	583	25.6%	19.9%
Household member with diabetes	605	26.0%	6.4%
Household member with high blood pressure	1,390	64.0%	12.4%
Household: no member has health insurance	386	16.4%	8.2%
Household with unpaid medical bills	1,448	62.4%	9.4%

Table A3 Characteristics of Clients and their Households

Characteristic	Count	Estimate	Percentage Margin of Error (+/-)
Income			
Household Annual Income			
\$0	++	++	++
\$1 - \$10,000	++	++	++
\$10,001 - \$20,000	++	++	++
\$20,001 - \$30,000	++	++	++
More than \$30,000	++	++	++
Total excluding nonresponse	++	++	++
Household Annual Income as % of Poverty Level			
0% (no income)	++	++	++
1% - 50%	++	++	++
51% - 75%	++	++	++
76% - 100%	++	++	++
101% - 130%	++	++	++
131% - 150%	++	++	++
151% - 185%	++	++	++
186% or higher	++	++	++
Total excluding nonresponse	++	++	++
Household Monthly Income			
\$0	16	0.7%	0.7%
\$1 - \$1,000	636	26.7%	17.4%
\$1,001 - \$2,000	820	34.5%	13.4%
\$2,001 - \$3,000	365	15.3%	9.6%
More than \$3,000	542	22.8%	21.7%
Total excluding nonresponse	2,379	100.0%	.
Households living in poverty	1,057	55.0%	14.1%

Table A4 Clients Use of Food Assistance

Characteristic	Count	Percentage	
		Estimate	Margin of Error (+/-)
Food Security			
Food secure	481	20.0%	18.8%
Food insecure	1,926	80.0%	18.8%
Total excluding nonresponse	2,407	100.0%	.
Spending Tradeoffs			
Choose between paying for food and paying for other expenses (ever in the past 12 months)			
Medicine/medical care	1,472	64.1%	16.9%
Utilities	1,448	61.6%	25.4%
Housing	1,052	44.7%	24.9%
Transportation	1,887	77.9%	6.3%
Education	493	20.9%	5.0%
Choice of food versus medical care			
Every month	480	20.9%	10.1%
Sometimes	992	43.2%	10.4%
Never	826	35.9%	16.9%
Total excluding nonresponse	2,298	100.0%	.
Choice of food versus utilities			
Every month	544	23.2%	12.9%
Sometimes	904	38.5%	20.5%
Never	901	38.4%	25.4%
Total excluding nonresponse	2,349	100.0%	.
Choice of food versus housing			
Every month	312	13.3%	10.0%
Sometimes	740	31.5%	27.8%
Never	1,300	55.3%	24.9%
Total excluding nonresponse	2,352	100.0%	.
Choice of food versus transportation			
Every month	856	35.3%	11.1%
Sometimes	1,031	42.5%	6.6%
Never	536	22.1%	6.3%
Total excluding nonresponse	2,423	100.0%	.
Choice of food versus education			
Every month	101	4.3%	5.0%
Sometimes	392	16.6%	7.7%
Never	1,865	79.1%	5.0%
Total excluding nonresponse	2,358	100.0%	.

Table A4 Clients Use of Food Assistance

Characteristic	Count	Percentage	
		Estimate	Margin of Error (+/-)
Household SNAP Participation			
Currently receiving SNAP	1,214	51.8%	17.1%
Not currently receiving SNAP	1,129	48.2%	17.1%
Never Applied	++	++	++
Have Applied	++	++	++
Unknown	++	++	++
Total excluding nonresponse	2,342	100.0%	.
Time to exhaustion of benefits for households receiving SNAP			
1 Week or less	++	++	++
2 Weeks	++	++	++
3 Weeks	++	++	++
4 Weeks	++	++	++
More than 4 Weeks	++	++	++
Total excluding nonresponse	++	++	++
Potential SNAP income eligibility among client households not receiving SNAP			
Not income-eligible	263	25.7%	6.1%
Potentially income-eligible	760	74.3%	6.1%
At 130% threshold	189	18.5%	22.1%
At higher broad-based categorical eligibility (BBCE) threshold	571	55.8%	25.7%
Total excluding nonresponse	1,023	100.0%	.
Reasons for not Applying for SNAP, among households that have never applied			
Didn't think eligible	278	36.7%	7.9%
Personal reasons	287	38.0%	7.6%
Too difficult to apply	++	++	++
Never Heard of Program	++	++	++
Other	174	23.0%	8.4%
Other Program Participation			
Household participation in programs targeted at school-aged children (ages 5-18)			
Free or reduced-price school lunch programs	398	100.0%	0.0%
Free or reduced-price school breakfast programs	131	33.0%	5.2%
Afterschool snack or meal programs	++	++	++
BackPack weekend food programs	++	++	++
Special Supplemental Nutrition Program for Women, Infants and Children (WIC) (among all households)	180	7.7%	8.5%

Table A4 Clients Use of Food Assistance

Characteristic	Count	Percentage	
		Estimate	Margin of Error (+/-)
Households participating in at least one child nutrition program			
One program	1,473	58.4%	14.3%
Two or more programs	218	8.6%	4.4%
Strategies for Food Assistance			
I usually wait to come to this program until I run out of food	733	31.1%	6.6%
I plan to get food here on a regular basis	1,621	68.9%	6.6%
Total excluding nonresponse	2,355	100.0%	.
Top Products Desired by Clients but Not Currently Receiving at Program			
Beverages such as water or juice	800	32.0%	16.7%
Dairy products such as milk, cheese or yogurt	770	30.8%	17.6%
Fresh fruits and vegetables	1,775	71.0%	21.2%
Grains such as bread or pasta	273	10.9%	7.4%
Non-food items like shampoo, soap, or diapers	476	19.0%	8.1%
Nothing	++	++	++
Other foods or products	425	17.0%	7.8%
Protein food items like meats	1,180	47.2%	3.9%
This is my first time coming to this program	150	6.0%	6.2%
Coping Strategies			
Types of household coping strategies used in the past 12 months			
Eaten food past expiration date	1,455	59.1%	22.4%
Grew food in garden	866	34.5%	15.5%
Sold or pawned personal property	539	21.6%	8.9%
Purchased food in dented or damaged packages	1,149	48.6%	15.8%
Purchased inexpensive, unhealthy food	1,875	75.7%	18.9%
Received help from family or friends	1,151	50.6%	16.8%
Watered down food or drinks	871	37.6%	25.4%
Number of household coping strategies used			
None	245	9.7%	12.2%
1	396	15.7%	9.1%
2	299	11.9%	7.6%
3 or more	1,575	62.6%	25.8%
Total excluding nonresponse	2,515	100.0%	.