

What would you do with \$50 extra dollars a month?



Commodity Supplemental Food Program

CALL NOW
800-214-4648

CSFP is a federal nutrition program that offers free monthly boxes of food filled with canned fruits and vegetables, juice, cereal, pasta, cheese, shelf-stable milk and canned meats

Eligibility

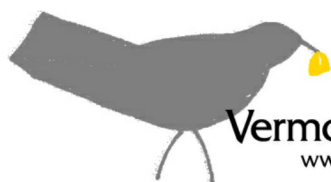
- 60 years of age or older
- Living in Vermont
- Income-eligible (Individual and/or household income will be used to determine eligibility and each household member may be eligible)

2016 Income Guidelines

- 1 person \$1,287 per month
- 2 people \$1,736 per month
- 3 people \$2,184 per month



Note: Each eligible person receives his or her own food box. People can participate in other federal nutrition programs, like 3SquaresVT, at the same time, but they cannot be enrolled at more than one CSFP site.



Vermont Foodbank
www.vtfoodbank.org

CSFP is an equal opportunity provider.