

CSFP can save you up to \$50 per month on groceries



Commodity Supplemental Food Program

CALL NOW
800-214-4648

CSFP is a federal nutrition program that offers free monthly boxes of food filled with canned fruits and vegetables, juice, cereal, pasta, cheese, shelf-stable milk and canned meats

Eligibility

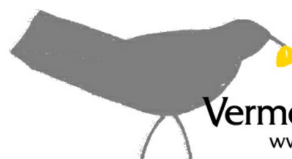
- 60 years of age or older
- Living in Vermont
- Income-eligible (Individual and/or household income will be used to determine eligibility and each household member may be eligible)

2017 Income Guidelines

1 person \$1,306.50 per month
2 people \$1,759.30 per month
3 people \$2,212.20 per month



Note: Each eligible person receives their own food box at one designated site.
People can participate in other federal nutrition programs, like 3SquaresVT, at the same time.



Vermont Foodbank
www.vtfoodbank.org

CSFP is an equal opportunity provider.