



Hunger in America 2014

Report for Vermont Foodbank

Caledonia County Data



A Report on Charitable Food Distribution in 2013

Table A1 Agency and Program Characteristics

Characteristic	Count	Estimate	Percentage Margin of Error (+/-)
Partner Agency by Type			
Faith-based or located in a religious institution	10	41.7%	16.8%
Not faith-based	14	58.3%	16.8%
Total excluding nonresponse	24	100.0%	.
Number of Programs by Type			
Meal	15	33.3%	11.9%
Grocery	15	33.3%	11.9%
Food-related benefits	1	2.2%	3.7%
Non-food	14	31.1%	11.7%
Total excluding nonresponse	45	100.0%	.

	Median	Sum	Margin of Error(+/-)
Agency Staffing			
Agency full-time equivalent staff at time of survey	2	94	62

	Count	Estimate	Margin Of Error(+/-)
Number of agencies with no full-time equivalent staff at time of survey	9	39.1%	17.1%

	Median	Sum	Margin of Error(+/-)
Program Volunteers			
Number of program volunteers (weekly)	8	700	266

	Min	Max	Median
Total volunteer hours per week per program	3	480	25

Average Percentage of Program Volunteers by Age			
18 and younger		6.1%	
19-59		53.4%	
60 and older		40.5%	
Total excluding nonresponse		100%	

	Count	Estimate	Percentage Margin of Error(+/-)
Program Challenges			
Difficulty obtaining volunteers (some or a lot of difficulty)	12	41.4%	15.8%
Difficulty retaining volunteers (some or a lot of difficulty)	6	20.7%	13.0%

Areas of volunteer/staff training needs

Table A1 Agency and Program Characteristics

Characteristic	Count	Percentage	
		Estimate	Margin of Error (+/-)
Accessing local food resources	3	10.3%	9.8%
Food safety and sanitation	7	24.1%	13.8%
Advocacy training	3	10.3%	9.8%
Client choice	2	6.9%	8.1%
Food Stamp (SNAP) application assistance and outreach	7	24.1%	13.8%
Fundraising/grant writing	10	34.5%	15.3%
Nonprofit management / board governance	5	17.2%	12.1%
Nutrition education	5	17.9%	12.6%
Social media	4	13.8%	11.1%
Summer feeding	4	13.8%	11.1%
Technology assistance	3	10.3%	9.8%
Volunteer recruitment/retention/staff succession planning	8	27.6%	14.4%

	Count		
	No Volunteers	Half of total volunteers or less	More than half of total volunteers
Source of Program Volunteers			
Connected to Agency	7	9	10
Religious groups	15	6	3
United Way	21	0	0
Other Civic/Nonprofit	14	7	0
Companies or business groups	15	6	0
Kindergarten through 12th grade school programs	16	6	0
Colleges/Universities	12	10	0
Court-ordered community service	11	12	0
Clients	10	10	3
Volunteers connected to food bank	17	2	1
Some Other Source	8	11	2

Average Percentage of Total Program Food Distributed

Caledonia	58.9%
Other	0.7%
Donations	9.5%
Purchased	30.9%
Total excluding nonresponse	100.0%

Characteristic	Count	Percentage	
		Estimate	Margin of Error (+/-)
Program Access to Vehicles			
Owens truck(s), van(s), or car(s) for pickups	3	11.5%	10.9%
Rents/leases truck(s), van(s), or car(s) for pickups	4	16.0%	12.8%
Depends on personal truck(s), van(s), or car(s) of staff or volunteers for pickups	19	73.1%	15.2%
Works with other programs to share the responsibility for pickups	2	8.3%	9.9%
Food and groceries are delivered to program	19	70.4%	15.3%

Table A1 Agency and Program Characteristics

Characteristic	Count	Estimate	Percentage Margin of Error (+/-)
Program Reported Changes in Demand and Supply in the Past 12 months			
Volume of clients compared to prior year			
Saw any increase	15	50.0%	15.8%
About the same	13	43.3%	15.6%
Saw any decrease	2	6.7%	7.9%
Total excluding nonresponse	30	100.0%	.
Food available to meet needs of clients			
More food than needed	0	0%	0%
Enough food to meet needs	19	63.3%	15.2%
Less food than needed	11	36.7%	15.2%
Total excluding nonresponse	30	100.0%	.
Programs Turning Clients Away in the Past 12 Months			
Programs turning clients away for any reason	6	20.7%	13.0%
Programs turning clients away frequently or occasionally due to			
Program ran out of food	2	33.3%	42.5%
Clients came more often than program rules allow	1	16.7%	33.6%
Client lived outside the program's service area	4	66.7%	33.3%
No ID	0	0%	0%
Income too high	0	0%	0%
Other	3	50.0%	45.1%
Program Restrictions			
Any Type Of Service Restriction	6	20.0%	12.6%
Daily	0	0%	0%
Weekly	2	6.7%	7.9%
Monthly	4	13.3%	10.7%
Quarterly/Seasonally	0	0%	0%
Annually	0	0%	0%
Agency Nutrition and Health Services			
Agencies that provide any type of nutrition services	16	66.7%	16.1%
Fliers or written materials	14	58.3%	16.8%
Cooking classes or demonstrations	9	37.5%	16.5%
Nutrition workshops or classes or meetings with dietitians	9	37.5%	16.5%
Referrals	13	54.2%	17.0%
Other	8	33.3%	16.1%
Agencies that do not provide any type of nutrition services	8	33.3%	16.1%
Total excluding nonresponse	24	100.0%	.
For those offering nutrition services how many led by:			
Agency Staff	11	91.7%	8.3%
Agency volunteers	8	61.5%	24.4%
Local nutritionists or other health professionals in partnership	9	69.2%	23.1%

Table A1 Agency and Program Characteristics

Characteristic	Count	Estimate	Percentage Margin of Error (+/-)
with agency			
Staff from food bank	4	40.0%	29.4%
Staff from Farm Bureau or Cooperative extension	3	30.0%	27.5%
Staff from local colleges/universities	2	20.0%	24.0%
Someone else	3	27.3%	25.0%
Agency Obstacles to Distribution of Healthier Foods			
Client reasons (unwillingness to eat, inability to store, etc.)	14	58.3%	16.8%
Too expensive to purchase healthier foods	17	70.8%	15.5%
Inability to store/handle healthier foods	9	39.1%	17.1%
Lack of knowledge about healthier foods	0	0%	0%
Healthier food not a priority	1	4.2%	6.8%
Inability to obtain healthier foods from other donors/food sources	8	33.3%	16.1%
Agency Services Related to Government Programs			
Agencies that provided any SNAP-related services	13	54.2%	17.0%
Screening for eligibility	4	16.7%	12.7%
Application assistance	6	25.0%	14.7%
Education about the program	13	54.2%	17.0%
Recertification for the program	5	20.8%	13.8%
Agencies that did not provide any SNAP-related services	11	45.8%	17.0%
Total excluding nonresponse	24	100.0%	.
Agency Reasons for Not Offering SNAP Services, Among Agencies Reporting Not Offering Them			
Staff-related issues	4	44.4%	32.1%
Not enough time	3	33.3%	30.5%
Lacking physical space or equipment	6	66.7%	30.5%
SNAP is not part of what this agency does	8	72.7%	25.0%
Other reason	3	33.3%	30.5%
Agency Services Related to Other Non-SNAP Programs			
Special Supplemental Nutrition Program for Women Infants and Children (WIC)	10	41.7%	16.8%
Temporary Assistance for Needy Families (TANF) program	8	33.3%	16.1%
Medicaid or other health care programs	10	41.7%	16.8%
Supplemental Security income (SSI)	8	34.8%	16.7%
Tax preparation or Earned Income Tax Credit (EITC) assistance	7	29.2%	15.5%
Housing assistance like Section 8	9	37.5%	16.5%
Agencies Providing Combinations of Other non-SNAP Program Services			
One non-food service	2	8.3%	9.4%
Two non-food services	2	8.3%	9.4%

Table A1 Agency and Program Characteristics

Characteristic	Count	Percentage	
		Estimate	Margin of Error (+/-)
Three non-food services	1	4.2%	6.8%
Four or more non-food services	3	12.5%	11.3%
Agency Reductions in the past 12 Months			
Experienced Cutbacks	6	25.0%	14.7%
Cut hours of operation	1	4.3%	7.1%
Lay off staff	4	16.7%	12.7%
Limit the area served	3	12.5%	11.3%
Did not Experience Cutbacks	18	75.0%	14.7%
Total excluding nonresponse	24	100.0%	.
Agencies reporting challenges associated with continuing to provide services			
Not enough money	5	20.8%	13.8%
Not enough food supplies	3	12.5%	11.3%
Not enough paid staff or personnel	4	16.7%	12.7%
Not enough volunteers	4	16.7%	12.7%
Not enough money for transportation	3	12.5%	11.3%
Building or location problems	4	16.7%	12.7%
Not enough leadership	3	12.5%	11.3%
Not enough community support	3	12.5%	11.3%
Community doesn't need this program	0	0%	0%
Count			
	No Funding	Half of total	More than half
		funding or less	of total funding
Agency funding			
Government	10	8	5
Individuals	0	12	11
Corporations	13	7	0
Foundations	10	10	0
Religious institutions	9	9	1
Client fees	17	4	0
Other	11	5	1
Percentage			
	Count	Estimate	Margin of Error(+/-)
Program Reliance on Food Bank: Effect if program no longer received food from food bank			
Major effect	24	82.8%	12.1%
Minor effect	3	10.3%	9.8%
No effect at all	2	6.9%	8.1%
Total excluding nonresponse	29	100.0%	.

Table A2 Client Counts

	Weekly		Monthly		Annually	
	Duplicated counts	Unduplicated counts	Duplicated counts	Unduplicated counts	Duplicated counts	Unduplicated counts
Total number of individual clients, all programs	1,400 (+/-1,200)	1,000 (+/-700)	6,100 (+/-5,300)	2,000 (+/-1,100)	73,000 (+/-63,000)	4,800 (+/-2,600)
Total number of client households, all programs	600 (+/-500)	400 (+/-300)	2,700 (+/-2,300)	800 (+/-400)	32,400 (+/-27,900)	1,900 (+/-1,000)
Total number of individual clients by meal and grocery programs						
Meal programs	800 (+/-1,100)	500 (+/-800)	3,300 (+/-4,900)	1,200 (+/-1,700)	40,000 (+/-58,300)	2,200 (+/-3,200)
Grocery Programs	600 (+/-500)	500 (+/-400)	2,700 (+/-2,000)	1,300 (+/-700)	33,000 (+/-24,400)	3,500 (+/-2,000)
Total number of individual clients by selected program subtypes (not mutually exclusive)						
Pantries	600	500	2,700	1,300	33,000	3,500
Kitchens	600	400	2,800	500	33,600	1,000

Table A3 Characteristics of Clients and their Households

Characteristic	Count	Estimate	Percentage Margin of Error (+/-)
Client Age			
0-5	443	9.4%	6.5%
6-17	579	12.3%	7.1%
18-29	1,207	25.7%	17.7%
30-49	514	11.0%	6.6%
50-59	350	7.5%	7.1%
60-64	165	3.5%	6.2%
65 or older	1,435	30.6%	16.6%
Total excluding nonresponse	4,692	100.0%	.
Client Race/Ethnicity			
White Non-Hispanic	++	++	++
Black Non-Hispanic	++	++	++
Hispanic	++	++	++
Other	++	++	++
Total excluding nonresponse	++	++	++
Household Size			
1 member	++	++	++
2 to 3 members	++	++	++
4 to 6 members	++	++	++
More than 6 members	++	++	++
Total excluding nonresponse	++	++	++
Primary Language Spoken By Adults at Home			
English	++	++	++
Spanish	++	++	++
Other	++	++	++
Housing			
Non-temporary housing	++	++	++
House or townhouse	227	28.5%	16.9%
Apartment	350	44.0%	28.2%
Mobile home or house trailer	88	11.1%	12.7%
Other	++	++	++
Temporary housing	++	++	++
Total excluding nonresponse	++	++	++
Households without access to stove, microwave or hot plate	++	++	++
Households without access to refrigeration	++	++	++
Housing payment arrangements (non-temporary housing)			
Own with Mortgage	++	++	++

Table A3 Characteristics of Clients and their Households

Characteristic	Count	Percentage	
		Estimate	Margin of Error (+/-)
Own free and clear	++	++	++
Rent or Lease	++	++	++
Do not have to pay rent	++	++	++
Total excluding nonresponse	++	++	++
Respondents lived at least two places in the past 12 months	568	47.5%	18.4%
Respondents started living with another person or family	169	22.0%	18.6%
Respondents experienced foreclosure or eviction in the past five years	127	16.1%	15.1%
Education			
Household Highest Education Level			
Less than high school	++	++	++
High school diploma	++	++	++
General equivalency diploma or GED	++	++	++
Business, trade, or technical license, certificate, or degree beyond high school	++	++	++
Some college beyond high school or a 2-year college degree	++	++	++
Four-year college degree or higher	++	++	++
Total excluding nonresponse	++	++	++
Client Education level			
Less than high school	++	++	++
High school diploma	++	++	++
General equivalency diploma or GED	++	++	++
Business, trade, or technical license, certificate, or degree beyond high school	++	++	++
Some college beyond high school or a 2-year college degree	++	++	++
Four-year college degree or higher	++	++	++
Total excluding nonresponse	++	++	++
Military Service			
No household member has ever served	++	++	++
At least one household member has served	++	++	++
Not currently serving	++	++	++
Household member currently serving	++	++	++
Unknown if currently serving	++	++	++
Total excluding nonresponse	++	++	++
Household Employment (of the person who worked the most in the past 12 months; in some households, this person may not be working)			
Work Status			
Worked for pay in the last 4 weeks	315	41.7%	20.7%
Worked for pay in the last 12 months	431	57.2%	10.5%
Currently out of work	439	58.3%	20.7%
Currently out of work, but actively looking in the last 4 weeks	66	9.3%	9.6%

Table A3 Characteristics of Clients and their Households

Characteristic	Count	Estimate	Percentage Margin of Error (+/-)
Hours worked per week, among persons who worked the most in the household			
1-10 hours per week	++	++	++
11-20 hours per week	++	++	++
21-30 hours per week	++	++	++
31-40 hours per week	++	++	++
Over 40 hours per week	++	++	++
Total excluding nonresponse	++	++	++
Time out of work, among households where previously most employed person is not working			
Less than 1 month	++	++	++
1-6 months	++	++	++
7-12 months	++	++	++
More than 1 year	++	++	++
Total excluding nonresponse	++	++	++
Out of the workforce, in the past 4 weeks, and not looking for work because			
Retired	++	++	++
Disabled/poor health; caretaker for another person	++	++	++
Other	++	++	++
Total excluding nonresponse	++	++	++
Potential Barriers and Bridges to Employment			
Respondent responsible for grandchildren in household	95	12.0%	12.4%
Household member(s) released from prison in the past 12 months	++	++	++
Adult client student status			
Full-time student(s)	++	++	++
Part-time student(s)	++	++	++
Health, Health Insurance, and Medical Bills			
Household: Health status of respondent			
Excellent	++	++	++
Very good	++	++	++
Good	++	++	++
Fair	++	++	++
Poor	++	++	++
Total excluding nonresponse	++	++	++
Household member in poor health	22	3.0%	3.3%
Household member with diabetes	141	18.8%	10.8%
Household member with high blood pressure	413	54.7%	13.7%
Household: no member has health insurance	++	++	++
Household with unpaid medical bills	314	39.4%	11.8%

Table A3 Characteristics of Clients and their Households

Characteristic	Count	Estimate	Percentage Margin of Error (+/-)
Income			
Household Annual Income			
\$0	++	++	++
\$1 - \$10,000	++	++	++
\$10,001 - \$20,000	++	++	++
\$20,001 - \$30,000	++	++	++
More than \$30,000	++	++	++
Total excluding nonresponse	++	++	++
Household Annual Income as % of Poverty Level			
0% (no income)	++	++	++
1% - 50%	++	++	++
51% - 75%	++	++	++
76% - 100%	++	++	++
101% - 130%	++	++	++
131% - 150%	++	++	++
151% - 185%	++	++	++
186% or higher	++	++	++
Total excluding nonresponse	++	++	++
Household Monthly Income			
\$0	++	++	++
\$1 - \$1,000	++	++	++
\$1,001 - \$2,000	++	++	++
\$2,001 - \$3,000	++	++	++
More than \$3,000	++	++	++
Total excluding nonresponse	++	++	++
Households living in poverty	261	43.0%	23.8%

Table A4 Clients Use of Food Assistance

Characteristic	Count	Percentage	
		Estimate	Margin of Error (+/-)
Food Security			
Food secure	379	47.6%	20.0%
Food insecure	417	52.4%	20.0%
Total excluding nonresponse	796	100.0%	.
Spending Tradeoffs			
Choose between paying for food and paying for other expenses (ever in the past 12 months)			
Medicine/medical care	199	25.8%	11.8%
Utilities	364	48.1%	24.5%
Housing	263	35.0%	20.3%
Transportation	328	47.8%	9.7%
Education	78	10.0%	8.4%
Choice of food versus medical care			
Every month	44	5.8%	7.0%
Sometimes	155	20.0%	12.0%
Never	574	74.2%	11.8%
Total excluding nonresponse	773	100.0%	.
Choice of food versus utilities			
Every month	39	5.1%	5.9%
Sometimes	325	43.0%	25.4%
Never	393	51.9%	24.5%
Total excluding nonresponse	757	100.0%	.
Choice of food versus housing			
Every month	50	6.7%	3.4%
Sometimes	213	28.3%	20.2%
Never	488	65.0%	20.3%
Total excluding nonresponse	751	100.0%	.
Choice of food versus transportation			
Every month	79	11.5%	9.3%
Sometimes	249	36.3%	11.4%
Never	358	52.2%	9.7%
Total excluding nonresponse	686	100.0%	.
Choice of food versus education			
Every month	++	++	++
Sometimes	++	++	++
Never	++	++	++
Total excluding nonresponse	++	++	++

Table A4 Clients Use of Food Assistance

Characteristic	Count	Percentage	
		Estimate	Margin of Error (+/-)
Household SNAP Participation			
Currently receiving SNAP	410	51.5%	24.6%
Not currently receiving SNAP	386	48.5%	24.6%
Never Applied	++	++	++
Have Applied	++	++	++
Unknown	++	++	++
Total excluding nonresponse	796	100.0%	.
Time to exhaustion of benefits for households receiving SNAP			
1 Week or less	++	++	++
2 Weeks	++	++	++
3 Weeks	++	++	++
4 Weeks	++	++	++
More than 4 Weeks	++	++	++
Total excluding nonresponse	++	++	++
Potential SNAP income eligibility among client households not receiving SNAP			
Not income-eligible	158	45.2%	19.4%
Potentially income-eligible	191	54.8%	19.4%
At 130% threshold	157	44.8%	20.1%
At higher broad-based categorical eligibility (BBCE) threshold	35	10.0%	14.8%
Total excluding nonresponse	349	100.0%	.
Reasons for not Applying for SNAP, among households that have never applied			
Didn't think eligible	81	33.8%	20.9%
Personal reasons	++	++	++
Too difficult to apply	++	++	++
Never Heard of Program	++	++	++
Other	107	44.7%	33.0%
Other Program Participation			
Household participation in programs targeted at school-aged children (ages 5-18)			
Free or reduced-price school lunch programs	72	100.0%	0.0%
Free or reduced-price school breakfast programs	60	83.5%	16.5%
Afterschool snack or meal programs	++	++	++
BackPack weekend food programs	++	++	++
Special Supplemental Nutrition Program for Women, Infants and Children (WIC) (among all households)	153	19.7%	19.4%

Table A4 Clients Use of Food Assistance

Characteristic	Count	Percentage	
		Estimate	Margin of Error (+/-)
Households participating in at least one child nutrition program			
One program	259	32.5%	21.2%
Two or more programs	188	23.6%	17.2%
Strategies for Food Assistance			
I usually wait to come to this program until I run out of food	109	17.8%	17.8%
I plan to get food here on a regular basis	506	82.2%	17.8%
Total excluding nonresponse	615	100.0%	.
Top Products Desired by Clients but Not Currently Receiving at Program			
Beverages such as water or juice	119	15.8%	13.2%
Dairy products such as milk, cheese or yogurt	147	19.5%	8.5%
Fresh fruits and vegetables	206	27.3%	10.7%
Grains such as bread or pasta	107	14.2%	14.6%
Non-food items like shampoo, soap, or diapers	152	20.2%	16.3%
Nothing	324	42.8%	20.6%
Other foods or products	++	++	++
Protein food items like meats	216	28.6%	21.7%
This is my first time coming to this program	89	11.7%	8.9%
Coping Strategies			
Types of household coping strategies used in the past 12 months			
Eaten food past expiration date	369	49.7%	13.7%
Grew food in garden	340	48.1%	25.0%
Sold or pawned personal property	237	30.0%	10.9%
Purchased food in dented or damaged packages	373	51.5%	20.5%
Purchased inexpensive, unhealthy food	429	57.7%	23.3%
Received help from family or friends	320	40.9%	9.1%
Watered down food or drinks	249	33.7%	11.1%
Number of household coping strategies used			
None	130	16.5%	11.8%
1	136	17.1%	9.2%
2	114	14.4%	7.4%
3 or more	411	51.9%	11.6%
Total excluding nonresponse	791	100.0%	.