



Hunger in America 2014

Report for Vermont Foodbank

Chittenden County Data



A Report on Charitable Food Distribution in 2013

Table A1 Agency and Program Characteristics

Characteristic	Count	Estimate	Percentage Margin of Error (+/-)
Partner Agency by Type			
Faith-based or located in a religious institution	10	29.4%	12.5%
Not faith-based	24	70.6%	12.5%
Total excluding nonresponse	34	100.0%	.
Number of Programs by Type			
Meal	23	30.3%	8.8%
Grocery	15	19.7%	7.7%
Food-related benefits	1	1.3%	2.2%
Non-food	37	48.7%	9.6%
Total excluding nonresponse	76	100.0%	.
<hr/>			
	Median	Sum	Margin of Error(+/-)
Agency Staffing			
Agency full-time equivalent staff at time of survey	6	1,795	1,852
<hr/>			
	Count	Estimate	Margin Of Error(+/-)
Number of agencies with no full-time equivalent staff at time of survey	9	26.5%	12.1%
<hr/>			
	Median	Sum	Margin of Error(+/-)
Program Volunteers			
Number of program volunteers (weekly)	8	873	358
<hr/>			
	Min	Max	Median
Total volunteer hours per week per program	1	1,000	59
<hr/>			
Average Percentage of Program Volunteers by Age			
18 and younger		6.0%	
19-59		67.1%	
60 and older		26.9%	
Total excluding nonresponse		100%	
<hr/>			
	Count	Estimate	Percentage Margin of Error(+/-)
Program Challenges			
Difficulty obtaining volunteers (some or a lot of difficulty)	18	58.1%	15.3%
Difficulty retaining volunteers (some or a lot of difficulty)	10	32.3%	14.5%
<hr/>			
Areas of volunteer/staff training needs			

Table A1 Agency and Program Characteristics

Characteristic	Count	Percentage	
		Estimate	Margin of Error (+/-)
Accessing local food resources	16	42.1%	13.7%
Food safety and sanitation	18	46.2%	13.6%
Advocacy training	13	33.3%	12.9%
Client choice	9	23.1%	11.5%
Food Stamp (SNAP) application assistance and outreach	12	31.6%	12.9%
Fundraising/grant writing	15	38.5%	13.3%
Nonprofit management / board governance	10	25.6%	11.9%
Nutrition education	19	48.7%	13.7%
Social media	14	35.9%	13.1%
Summer feeding	6	15.8%	10.1%
Technology assistance	11	28.9%	12.6%
Volunteer recruitment/retention/staff succession planning	12	30.8%	12.6%

	Count		
	No Volunteers	Half of total volunteers or less	More than half of total volunteers
Source of Program Volunteers			
Connected to Agency	7	14	10
Religious groups	12	14	3
United Way	20	9	0
Other Civic/Nonprofit	20	8	0
Companies or business groups	13	16	0
Kindergarten through 12th grade school programs	18	10	0
Colleges/Universities	16	11	2
Court-ordered community service	19	10	0
Clients	19	9	1
Volunteers connected to food bank	27	3	0
Some Other Source	19	7	2

Average Percentage of Total Program Food Distributed

Chittenden	36.4%
Other	0.0%
Donations	19.0%
Purchased	44.6%
Total excluding nonresponse	100.0%

	Count	Percentage	
		Estimate	Margin of Error(+/-)
Program Access to Vehicles			
Owens truck(s), van(s), or car(s) for pickups	6	19.4%	12.2%
Rents/leases truck(s), van(s), or car(s) for pickups	1	3.3%	5.7%
Depends on personal truck(s), van(s), or car(s) of staff or volunteers for pickups	17	54.8%	15.4%
Works with other programs to share the responsibility for pickups	2	6.7%	7.9%
Food and groceries are delivered to program	27	81.8%	11.5%

Table A1 Agency and Program Characteristics

Characteristic	Count	Estimate	Percentage Margin of Error (+/-)
Program Reported Changes in Demand and Supply in the Past 12 months			
Volume of clients compared to prior year			
Saw any increase	13	34.2%	13.2%
About the same	22	57.9%	13.7%
Saw any decrease	3	7.9%	7.5%
Total excluding nonresponse	38	100.0%	.
Food available to meet needs of clients			
More food than needed	8	21.1%	11.3%
Enough food to meet needs	28	73.7%	12.2%
Less food than needed	2	5.3%	6.2%
Total excluding nonresponse	38	100.0%	.
Programs Turning Clients Away in the Past 12 Months			
Programs turning clients away for any reason	10	26.3%	12.2%
Programs turning clients away frequently or occasionally due to			
Program ran out of food	1	10.0%	18.3%
Clients came more often than program rules allow	2	20.0%	24.4%
Client lived outside the program's service area	1	10.0%	18.3%
No ID	0	0%	0%
Income too high	1	10.0%	18.3%
Other	7	70.0%	28.0%
Program Restrictions			
Any Type Of Service Restriction	13	34.2%	13.2%
Daily	2	5.3%	6.2%
Weekly	1	2.6%	4.4%
Monthly	9	23.7%	11.8%
Quarterly/Seasonally	0	0%	0%
Annually	1	2.6%	4.4%
Agency Nutrition and Health Services			
Agencies that provide any type of nutrition services	23	67.6%	12.9%
Fliers or written materials	21	61.8%	13.4%
Cooking classes or demonstrations	14	41.2%	13.5%
Nutrition workshops or classes or meetings with dietitians	16	47.1%	13.7%
Referrals	14	41.2%	13.5%
Other	8	23.5%	11.7%
Agencies that do not provide any type of nutrition services	11	32.4%	12.9%
Total excluding nonresponse	34	100.0%	.
For those offering nutrition services how many led by:			
Agency Staff	16	72.7%	16.0%
Agency volunteers	11	52.4%	18.5%
Local nutritionists or other health professionals in partnership	11	50.0%	18.0%

Table A1 Agency and Program Characteristics

Characteristic	Count	Estimate	Percentage Margin of Error (+/-)
with agency			
Staff from food bank	2	9.5%	10.9%
Staff from Farm Bureau or Cooperative extension	1	5.0%	8.3%
Staff from local colleges/universities	5	23.8%	15.8%
Someone else	2	9.5%	10.9%
Agency Obstacles to Distribution of Healthier Foods			
Client reasons (unwillingness to eat, inability to store, etc.)	25	73.5%	12.1%
Too expensive to purchase healthier foods	25	73.5%	12.1%
Inability to store/handle healthier foods	7	20.6%	11.1%
Lack of knowledge about healthier foods	2	6.1%	6.7%
Healthier food not a priority	2	6.1%	6.7%
Inability to obtain healthier foods from other donors/food sources	14	41.2%	13.5%
Agency Services Related to Government Programs			
Agencies that provided any SNAP-related services	22	64.7%	13.1%
Screening for eligibility	8	23.5%	11.7%
Application assistance	15	44.1%	13.6%
Education about the program	21	61.8%	13.4%
Recertification for the program	5	14.7%	9.7%
Agencies that did not provide any SNAP-related services	12	35.3%	13.1%
Total excluding nonresponse	34	100.0%	.
Agency Reasons for Not Offering SNAP Services, Among Agencies Reporting Not Offering Them			
Staff-related issues	6	54.5%	27.9%
Not enough time	4	36.4%	27.0%
Lacking physical space or equipment	2	18.2%	21.6%
SNAP is not part of what this agency does	8	72.7%	25.0%
Other reason	2	18.2%	21.6%
Agency Services Related to Other Non-SNAP Programs			
Special Supplemental Nutrition Program for Women Infants and Children (WIC)	12	35.3%	13.1%
Temporary Assistance for Needy Families (TANF) program	11	32.4%	12.9%
Medicaid or other health care programs	14	41.2%	13.5%
Supplemental Security income (SSI)	12	35.3%	13.1%
Tax preparation or Earned Income Tax Credit (EITC) assistance	7	20.6%	11.1%
Housing assistance like Section 8	13	38.2%	13.4%
Agencies Providing Combinations of Other non-SNAP Program Services			
One non-food service	1	2.9%	4.6%
Two non-food services	1	2.9%	4.6%

Table A1 Agency and Program Characteristics

Characteristic	Count	Percentage	
		Estimate	Margin of Error (+/-)
Three non-food services	1	2.9%	4.6%
Four or more non-food services	10	29.4%	12.5%
Agency Reductions in the past 12 Months			
Experienced Cutbacks	5	14.7%	9.7%
Cut hours of operation	2	5.9%	6.5%
Lay off staff	1	2.9%	4.6%
Limit the area served	2	5.9%	6.5%
Did not Experience Cutbacks	29	85.3%	9.7%
Total excluding nonresponse	34	100.0%	.
Agencies reporting challenges associated with continuing to provide services			
Not enough money	2	5.9%	6.5%
Not enough food supplies	1	2.9%	4.6%
Not enough paid staff or personnel	2	5.9%	6.5%
Not enough volunteers	2	5.9%	6.5%
Not enough money for transportation	1	2.9%	4.6%
Building or location problems	0	0%	0%
Not enough leadership	1	2.9%	4.6%
Not enough community support	2	5.9%	6.5%
Community doesn't need this program	1	2.9%	4.6%
Agency funding			
Government	12	12	8
Individuals	1	19	9
Corporations	11	18	0
Foundations	10	19	1
Religious institutions	11	17	2
Client fees	18	11	0
Other	17	8	2
Program Reliance on Food Bank: Effect if program no longer received food from food bank			
Major effect	21	55.3%	13.8%
Minor effect	10	26.3%	12.2%
No effect at all	7	18.4%	10.8%
Total excluding nonresponse	38	100.0%	.

Table A2 Client Counts

	Weekly		Monthly		Annually	
	Duplicated counts	Unduplicated counts	Duplicated counts	Unduplicated counts	Duplicated counts	Unduplicated counts
Total number of individual clients, all programs	2,100 (+/-1,200)	1,600 (+/-900)	9,200 (+/-5,400)	5,600 (+/-3,400)	110,000 (+/-64,500)	15,100 (+/-9,300)
Total number of client households, all programs	1,100 (+/-900)	700 (+/-400)	4,700 (+/-3,900)	2,100 (+/-1,200)	56,700 (+/-47,100)	5,300 (+/-2,900)
Total number of individual clients by meal and grocery programs						
Meal programs	600 (+/-900)	300 (+/-400)	2,800 (+/-3,700)	600 (+/-800)	33,000 (+/-44,900)	1,200 (+/-1,600)
Grocery Programs	1,500 (+/-900)	1,300 (+/-900)	6,400 (+/-3,900)	5,300 (+/-3,400)	77,000 (+/-46,500)	14,400 (+/-9,300)
Total number of individual clients by selected program subtypes (not mutually exclusive)						
Pantries	1,500	1,300	6,400	5,200	77,000	14,300
Kitchens	500	200	2,100	400	25,800	700

Table A3 Characteristics of Clients and their Households

Characteristic	Count	Estimate	Percentage Margin of Error (+/-)
Client Age			
0-5	685	5.1%	5.2%
6-17	1,953	14.4%	6.1%
18-29	3,127	23.1%	17.5%
30-49	2,605	19.3%	12.3%
50-59	2,077	15.4%	9.8%
60-64	2,610	19.3%	14.4%
65 or older	462	3.4%	1.3%
Total excluding nonresponse	13,519	100.0%	.
Client Race/Ethnicity			
White Non-Hispanic	++	++	++
Black Non-Hispanic	++	++	++
Hispanic	++	++	++
Other	++	++	++
Total excluding nonresponse	++	++	++
Household Size			
1 member	++	++	++
2 to 3 members	++	++	++
4 to 6 members	++	++	++
More than 6 members	++	++	++
Total excluding nonresponse	++	++	++
Primary Language Spoken By Adults at Home			
English	++	++	++
Spanish	++	++	++
Other	++	++	++
Housing			
Non-temporary housing	++	++	++
House or townhouse	460	22.2%	19.6%
Apartment	1,236	59.7%	15.6%
Mobile home or house trailer	311	15.0%	10.7%
Other	59	2.8%	1.7%
Temporary housing	++	++	++
Total excluding nonresponse	++	++	++
Households without access to stove, microwave or hot plate	++	++	++
Households without access to refrigeration	++	++	++
Housing payment arrangements (non-temporary housing)			
Own with Mortgage	++	++	++

Table A3 Characteristics of Clients and their Households

Characteristic	Count	Estimate	Percentage Margin of Error (+/-)
Own free and clear	++	++	++
Rent or Lease	++	++	++
Do not have to pay rent	++	++	++
Total excluding nonresponse	++	++	++
Respondents lived at least two places in the past 12 months	301	14.5%	14.8%
Respondents started living with another person or family	362	17.5%	11.6%
Respondents experienced foreclosure or eviction in the past five years	124	6.0%	5.8%
Education			
Household Highest Education Level			
Less than high school	++	++	++
High school diploma	++	++	++
General equivalency diploma or GED	++	++	++
Business, trade, or technical license, certificate, or degree beyond high school	++	++	++
Some college beyond high school or a 2-year college degree	++	++	++
Four-year college degree or higher	++	++	++
Total excluding nonresponse	++	++	++
Client Education level			
Less than high school	2,661	22.0%	11.0%
High school diploma	5,500	45.4%	14.3%
General equivalency diploma or GED	845	7.0%	5.3%
Business, trade, or technical license, certificate, or degree beyond high school	824	6.8%	12.2%
Some college beyond high school or a 2-year college degree	840	6.9%	5.1%
Four-year college degree or higher	1,450	12.0%	18.5%
Total excluding nonresponse	12,120	100.0%	.
Military Service			
No household member has ever served	++	++	++
At least one household member has served	++	++	++
Not currently serving	++	++	++
Household member currently serving	++	++	++
Unknown if currently serving	++	++	++
Total excluding nonresponse	++	++	++
Household Employment (of the person who worked the most in the past 12 months; in some households, this person may not be working)			
Work Status			
Worked for pay in the last 4 weeks	1,381	66.7%	13.8%
Worked for pay in the last 12 months	1,454	70.2%	12.6%
Currently out of work	689	33.3%	13.8%
Currently out of work, but actively looking in the last 4 weeks	188	9.1%	6.9%

Table A3 Characteristics of Clients and their Households

Characteristic	Count	Estimate	Percentage Margin of Error (+/-)
Hours worked per week, among persons who worked the most in the household			
1-10 hours per week	++	++	++
11-20 hours per week	++	++	++
21-30 hours per week	++	++	++
31-40 hours per week	++	++	++
Over 40 hours per week	++	++	++
Total excluding nonresponse	++	++	++
Time out of work, among households where previously most employed person is not working			
Less than 1 month	++	++	++
1-6 months	++	++	++
7-12 months	++	++	++
More than 1 year	++	++	++
Total excluding nonresponse	++	++	++
Out of the workforce, in the past 4 weeks, and not looking for work because			
Retired	++	++	++
Disabled/poor health; caretaker for another person	++	++	++
Other	++	++	++
Total excluding nonresponse	++	++	++
Potential Barriers and Bridges to Employment			
Respondent responsible for grandchildren in household	134	6.6%	7.2%
Household member(s) released from prison in the past 12 months	++	++	++
Adult client student status			
Full-time student(s)	++	++	++
Part-time student(s)	++	++	++
Health, Health Insurance, and Medical Bills			
Household: Health status of respondent			
Excellent	271	13.1%	14.4%
Very good	674	32.7%	23.9%
Good	237	11.5%	12.2%
Fair	158	7.6%	3.3%
Poor	723	35.0%	24.4%
Total excluding nonresponse	2,063	100.0%	.
Household member in poor health	556	27.4%	11.6%
Household member with diabetes	594	29.1%	25.0%
Household member with high blood pressure	1,434	69.4%	23.4%
Household: no member has health insurance	++	++	++
Household with unpaid medical bills	590	34.4%	29.0%

Table A3 Characteristics of Clients and their Households

Characteristic	Count	Estimate	Percentage Margin of Error (+/-)
Income			
Household Annual Income			
\$0	++	++	++
\$1 - \$10,000	++	++	++
\$10,001 - \$20,000	++	++	++
\$20,001 - \$30,000	++	++	++
More than \$30,000	++	++	++
Total excluding nonresponse	++	++	++
Household Annual Income as % of Poverty Level			
0% (no income)	++	++	++
1% - 50%	++	++	++
51% - 75%	++	++	++
76% - 100%	++	++	++
101% - 130%	++	++	++
131% - 150%	++	++	++
151% - 185%	++	++	++
186% or higher	++	++	++
Total excluding nonresponse	++	++	++
Household Monthly Income			
\$0	110	8.7%	6.1%
\$1 - \$1,000	514	40.7%	14.1%
\$1,001 - \$2,000	174	13.8%	12.2%
\$2,001 - \$3,000	217	17.2%	29.1%
More than \$3,000	248	19.6%	23.8%
Total excluding nonresponse	1,263	100.0%	.
Households living in poverty	684	62.1%	37.9%

Table A4 Clients Use of Food Assistance

Characteristic	Count	Percentage	
		Estimate	Margin of Error (+/-)
Food Security			
Food secure	310	15.0%	18.4%
Food insecure	1,756	85.0%	15.0%
Total excluding nonresponse	2,065	100.0%	.
Spending Tradeoffs			
Choose between paying for food and paying for other expenses (ever in the past 12 months)			
Medicine/medical care	1,224	72.3%	23.3%
Utilities	1,339	81.3%	18.7%
Housing	1,306	76.5%	22.2%
Transportation	1,631	81.8%	18.2%
Education	1,127	61.9%	24.1%
Choice of food versus medical care			
Every month	749	44.3%	49.0%
Sometimes	474	28.0%	27.3%
Never	469	27.7%	23.3%
Total excluding nonresponse	1,693	100.0%	.
Choice of food versus utilities			
Every month	900	54.7%	44.0%
Sometimes	439	26.6%	22.8%
Never	308	18.7%	21.4%
Total excluding nonresponse	1,647	100.0%	.
Choice of food versus housing			
Every month	585	34.3%	26.9%
Sometimes	721	42.2%	10.7%
Never	402	23.5%	22.2%
Total excluding nonresponse	1,708	100.0%	.
Choice of food versus transportation			
Every month	709	35.6%	26.0%
Sometimes	922	46.3%	19.4%
Never	362	18.2%	18.9%
Total excluding nonresponse	1,993	100.0%	.
Choice of food versus education			
Every month	152	8.3%	8.5%
Sometimes	975	53.6%	31.6%
Never	694	38.1%	24.1%
Total excluding nonresponse	1,821	100.0%	.

Table A4 Clients Use of Food Assistance

Characteristic	Count	Percentage	
		Estimate	Margin of Error (+/-)
Household SNAP Participation			
Currently receiving SNAP	1,155	56.3%	22.2%
Not currently receiving SNAP	898	43.7%	22.2%
Never Applied	++	++	++
Have Applied	++	++	++
Unknown	++	++	++
Total excluding nonresponse	2,053	100.0%	.
Time to exhaustion of benefits for households receiving SNAP			
1 Week or less	++	++	++
2 Weeks	++	++	++
3 Weeks	++	++	++
4 Weeks	++	++	++
More than 4 Weeks	++	++	++
Total excluding nonresponse	++	++	++
Potential SNAP income eligibility among client households not receiving SNAP			
Not income-eligible	118	38.0%	17.5%
Potentially income-eligible	193	62.0%	17.5%
At 130% threshold	163	52.4%	23.5%
At higher broad-based categorical eligibility (BBCE) threshold	++	++	++
Total excluding nonresponse	311	100.0%	.
Reasons for not Applying for SNAP, among households that have never applied			
Didn't think eligible	112	46.5%	26.7%
Personal reasons	++	++	++
Too difficult to apply	++	++	++
Never Heard of Program	++	++	++
Other	129	53.5%	26.7%
Other Program Participation			
Household participation in programs targeted at school-aged children (ages 5-18)			
Free or reduced-price school lunch programs	272	100.0%	0.0%
Free or reduced-price school breakfast programs	++	++	++
Afterschool snack or meal programs	++	++	++
BackPack weekend food programs	++	++	++
Special Supplemental Nutrition Program for Women, Infants and Children (WIC) (among all households)	++	++	++

Table A4 Clients Use of Food Assistance

Characteristic	Count	Percentage	
		Estimate	Margin of Error (+/-)
Households participating in at least one child nutrition program			
One program	800	38.6%	28.0%
Two or more programs	355	17.2%	15.2%
Strategies for Food Assistance			
I usually wait to come to this program until I run out of food	832	41.1%	31.4%
I plan to get food here on a regular basis	1,193	58.9%	31.4%
Total excluding nonresponse	2,025	100.0%	.
Top Products Desired by Clients but Not Currently Receiving at Program			
Beverages such as water or juice	225	15.0%	11.3%
Dairy products such as milk, cheese or yogurt	787	52.7%	18.3%
Fresh fruits and vegetables	1,265	84.7%	8.1%
Grains such as bread or pasta	457	30.6%	45.7%
Non-food items like shampoo, soap, or diapers	177	11.8%	6.0%
Nothing	47	3.2%	3.7%
Other foods or products	309	20.7%	8.6%
Protein food items like meats	743	49.7%	18.9%
This is my first time coming to this program	++	++	++
Coping Strategies			
Types of household coping strategies used in the past 12 months			
Eaten food past expiration date	1,020	49.8%	30.8%
Grew food in garden	572	27.8%	36.3%
Sold or pawned personal property	668	32.4%	15.9%
Purchased food in dented or damaged packages	1,120	66.3%	4.6%
Purchased inexpensive, unhealthy food	1,374	81.4%	16.6%
Received help from family or friends	899	44.7%	28.3%
Watered down food or drinks	710	35.1%	26.2%
Number of household coping strategies used			
None	607	29.3%	27.4%
1	57	2.8%	1.7%
2	85	4.1%	5.2%
3 or more	1,321	63.8%	24.2%
Total excluding nonresponse	2,070	100.0%	.