



Hunger in America 2014

Report for Vermont Foodbank

Lamoille County Data



A Report on Charitable Food Distribution in 2013

Table A1 Agency and Program Characteristics

Characteristic	Count	Estimate	Percentage Margin of Error (+/-)
Partner Agency by Type			
Faith-based or located in a religious institution	1	8.3%	14.6%
Not faith-based	11	91.7%	8.3%
Total excluding nonresponse	12	100.0%	.
Number of Programs by Type			
Meal	4	22.2%	17.5%
Grocery	8	44.4%	21.0%
Food-related benefits	1	5.6%	9.7%
Non-food	5	27.8%	18.9%
Total excluding nonresponse	18	100.0%	.
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	Median	Sum	Margin of Error(+/-)
Agency Staffing			
Agency full-time equivalent staff at time of survey	3	155	203
	Count	Estimate	Margin Of Error(+/-)
Number of agencies with no full-time equivalent staff at time of survey	3	25.0%	22.9%
	Median	Sum	Margin of Error(+/-)
Program Volunteers			
Number of program volunteers (weekly)	0	273	259
	Min	Max	Median
Total volunteer hours per week per program	0	500	70
Average Percentage of Program Volunteers by Age			
18 and younger		3.7%	
19-59		32.0%	
60 and older		64.3%	
Total excluding nonresponse		100%	
	Count	Estimate	Percentage Margin of Error(+/-)
Program Challenges			
Difficulty obtaining volunteers (some or a lot of difficulty)	4	57.1%	39.3%
Difficulty retaining volunteers (some or a lot of difficulty)	2	28.6%	35.8%
Areas of volunteer/staff training needs			

Table A1 Agency and Program Characteristics

Characteristic	Count	Percentage	
		Estimate	Margin of Error (+/-)
Accessing local food resources	1	7.7%	13.7%
Food safety and sanitation	3	23.1%	21.7%
Advocacy training	3	23.1%	21.7%
Client choice	0	0%	0%
Food Stamp (SNAP) application assistance and outreach	1	7.7%	13.7%
Fundraising/grant writing	5	38.5%	25.0%
Nonprofit management / board governance	3	23.1%	21.7%
Nutrition education	5	38.5%	25.0%
Social media	1	7.7%	13.7%
Summer feeding	1	7.7%	13.7%
Technology assistance	1	7.7%	13.7%
Volunteer recruitment/retention/staff succession planning	3	23.1%	21.7%

	Count		
	No Volunteers	Half of total volunteers or less	More than half of total volunteers
Source of Program Volunteers			
Connected to Agency	0	6	1
Religious groups	5	1	1
United Way	4	3	0
Other Civic/Nonprofit	4	3	0
Companies or business groups	4	3	0
Kindergarten through 12th grade school programs	3	4	0
Colleges/Universities	4	3	0
Court-ordered community service	3	4	0
Clients	3	3	0
Volunteers connected to food bank	6	0	0
Some Other Source	3	2	1

Average Percentage of Total Program Food Distributed

Lamoille	60.1%
Other	4.2%
Donations	5.9%
Purchased	29.8%
Total excluding nonresponse	100.0%

	Count	Percentage	
		Estimate	Margin of Error(+/-)
Program Access to Vehicles			
Owens truck(s), van(s), or car(s) for pickups	4	44.4%	32.7%
Rents/leases truck(s), van(s), or car(s) for pickups	0	0%	0%
Depends on personal truck(s), van(s), or car(s) of staff or volunteers for pickups	5	50.0%	30.6%
Works with other programs to share the responsibility for pickups	0	0%	0%
Food and groceries are delivered to program	6	66.7%	31.0%

Table A1 Agency and Program Characteristics

Characteristic	Count	Estimate	Percentage Margin of Error (+/-)
Program Reported Changes in Demand and Supply in the Past 12 months			
Volume of clients compared to prior year			
Saw any increase	7	58.3%	26.7%
About the same	5	41.7%	26.7%
Saw any decrease	0	0%	0%
Total excluding nonresponse	12	100.0%	.
Food available to meet needs of clients			
More food than needed	2	16.7%	20.2%
Enough food to meet needs	10	83.3%	16.7%
Less food than needed	0	0%	0%
Total excluding nonresponse	12	100.0%	.
Programs Turning Clients Away in the Past 12 Months			
Programs turning clients away for any reason	1	9.1%	16.5%
Programs turning clients away frequently or occasionally due to			
Program ran out of food	0	0%	0%
Clients came more often than program rules allow	0	0%	0%
Client lived outside the program's service area	0	0%	0%
No ID	0	0%	0%
Income too high	0	0%	0%
Other	0	0%	0%
Program Restrictions			
Any Type Of Service Restriction	7	58.3%	26.7%
Daily	1	8.3%	15.0%
Weekly	1	8.3%	15.0%
Monthly	5	41.7%	26.7%
Quarterly/Seasonally	0	0%	0%
Annually	0	0%	0%
Agency Nutrition and Health Services			
Agencies that provide any type of nutrition services	7	58.3%	26.1%
Fliers or written materials	4	33.3%	24.9%
Cooking classes or demonstrations	3	25.0%	22.9%
Nutrition workshops or classes or meetings with dietitians	5	41.7%	26.1%
Referrals	6	50.0%	26.4%
Other	2	16.7%	19.7%
Agencies that do not provide any type of nutrition services	5	41.7%	26.1%
Total excluding nonresponse	12	100.0%	.
For those offering nutrition services how many led by:			
Agency Staff	6	85.7%	14.3%
Agency volunteers	2	40.0%	51.7%
Local nutritionists or other health professionals in partnership	3	60.0%	40.0%

Table A1 Agency and Program Characteristics

Characteristic	Count	Estimate	Percentage Margin of Error (+/-)
with agency			
Staff from food bank	1	25.0%	58.4%
Staff from Farm Bureau or Cooperative extension	0	0%	0%
Staff from local colleges/universities	1	25.0%	58.4%
Someone else	1	25.0%	58.4%
Agency Obstacles to Distribution of Healthier Foods			
Client reasons (unwillingness to eat, inability to store, etc.)	6	50.0%	26.4%
Too expensive to purchase healthier foods	9	75.0%	22.9%
Inability to store/handle healthier foods	3	27.3%	25.0%
Lack of knowledge about healthier foods	0	0%	0%
Healthier food not a priority	2	18.2%	21.6%
Inability to obtain healthier foods from other donors/food sources	8	66.7%	24.9%
Agency Services Related to Government Programs			
Agencies that provided any SNAP-related services	7	58.3%	26.1%
Screening for eligibility	1	8.3%	14.6%
Application assistance	3	27.3%	25.0%
Education about the program	7	58.3%	26.1%
Recertification for the program	3	27.3%	25.0%
Agencies that did not provide any SNAP-related services	5	41.7%	26.1%
Total excluding nonresponse	12	100.0%	.
Agency Reasons for Not Offering SNAP Services, Among Agencies Reporting Not Offering Them			
Staff-related issues	2	50.0%	50.0%
Not enough time	1	25.0%	58.4%
Lacking physical space or equipment	1	33.3%	66.7%
SNAP is not part of what this agency does	4	80.0%	20.0%
Other reason	1	25.0%	58.4%
Agency Services Related to Other Non-SNAP Programs			
Special Supplemental Nutrition Program for Women Infants and Children (WIC)	5	41.7%	26.1%
Temporary Assistance for Needy Families (TANF) program	5	41.7%	26.1%
Medicaid or other health care programs	7	58.3%	26.1%
Supplemental Security income (SSI)	5	41.7%	26.1%
Tax preparation or Earned Income Tax Credit (EITC) assistance	4	33.3%	24.9%
Housing assistance like Section 8	5	41.7%	26.1%
Agencies Providing Combinations of Other non-SNAP Program Services			
One non-food service	1	8.3%	14.6%
Two non-food services	0	0%	0%

Table A1 Agency and Program Characteristics

Characteristic	Count	Percentage	
		Estimate	Margin of Error (+/-)
Three non-food services	1	8.3%	14.6%
Four or more non-food services	1	8.3%	14.6%
Agency Reductions in the past 12 Months			
Experienced Cutbacks	1	9.1%	16.1%
Cut hours of operation	0	0%	0%
Lay off staff	0	0%	0%
Limit the area served	1	8.3%	14.6%
Did not Experience Cutbacks	10	90.9%	9.1%
Total excluding nonresponse	11	100.0%	.
Agencies reporting challenges associated with continuing to provide services			
Not enough money	1	8.3%	14.6%
Not enough food supplies	1	8.3%	14.6%
Not enough paid staff or personnel	1	8.3%	14.6%
Not enough volunteers	1	8.3%	14.6%
Not enough money for transportation	1	8.3%	14.6%
Building or location problems	1	8.3%	14.6%
Not enough leadership	1	8.3%	14.6%
Not enough community support	1	8.3%	14.6%
Community doesn't need this program	1	8.3%	14.6%
Count			
	No Funding	Half of total	More than half
		funding or less	of total funding
Agency funding			
Government	4	2	4
Individuals	2	3	4
Corporations	4	4	0
Foundations	3	5	0
Religious institutions	5	3	0
Client fees	6	2	0
Other	4	3	1
Percentage			
	Count	Estimate	Margin of Error(+/-)
Program Reliance on Food Bank: Effect if program no longer received food from food bank			
Major effect	8	66.7%	25.5%
Minor effect	4	33.3%	25.5%
No effect at all	0	0%	0%
Total excluding nonresponse	12	100.0%	.

Table A2 Client Counts

	Weekly		Monthly		Annually	
	Duplicated counts	Unduplicated counts	Duplicated counts	Unduplicated counts	Duplicated counts	Unduplicated counts
Total number of individual clients, all programs	800 (+/-100)	600 (+/-100)	3,500 (+/-500)	2,300 (+/-700)	42,000 (+/-5,600)	6,200 (+/-2,100)
Total number of client households, all programs	400 (+/-100)	200 (+/-100)	1,800 (+/-300)	900 (+/-300)	21,500 (+/-3,500)	2,500 (+/-800)
Total number of individual clients by meal and grocery programs						
Meal programs	200 (+/-0)	200 (+/-0)	1,100 (+/-100)	500 (+/-100)	12,800 (+/-1,000)	1,000 (+/-100)
Grocery Programs	600 (+/-100)	500 (+/-100)	2,400 (+/-500)	2,200 (+/-700)	29,300 (+/-5,500)	6,100 (+/-2,100)
Total number of individual clients by selected program subtypes (not mutually exclusive)						
Pantry	600	500	2,400	2,100	29,300	6,000

Table A3 Characteristics of Clients and their Households

Characteristic	Count	Estimate	Percentage Margin of Error (+/-)
Client Age			
0-5	++	++	++
6-17	++	++	++
18-29	++	++	++
30-49	++	++	++
50-59	++	++	++
60-64	++	++	++
65 or older	++	++	++
Total excluding nonresponse	++	++	++
Client Race/Ethnicity			
White Non-Hispanic	++	++	++
Black Non-Hispanic	++	++	++
Hispanic	++	++	++
Other	++	++	++
Total excluding nonresponse	++	++	++
Household Size			
1 member	++	++	++
2 to 3 members	++	++	++
4 to 6 members	++	++	++
More than 6 members	++	++	++
Total excluding nonresponse	++	++	++
Primary Language Spoken By Adults at Home			
English	++	++	++
Spanish	++	++	++
Other	++	++	++
Housing			
Non-temporary housing	++	++	++
House or townhouse	390	42.6%	32.4%
Apartment	357	39.0%	10.0%
Mobile home or house trailer	160	17.5%	24.2%
Other	++	++	++
Temporary housing	++	++	++
Total excluding nonresponse	++	++	++
Households without access to stove, microwave or hot plate	++	++	++
Households without access to refrigeration	++	++	++
Housing payment arrangements (non-temporary housing)			
Own with Mortgage	++	++	++

Table A3 Characteristics of Clients and their Households

Characteristic	Count	Estimate	Percentage Margin of Error (+/-)
Own free and clear	++	++	++
Rent or Lease	++	++	++
Do not have to pay rent	++	++	++
Total excluding nonresponse	++	++	++
Respondents lived at least two places in the past 12 months	160	17.4%	14.7%
Respondents started living with another person or family	++	++	++
Respondents experienced foreclosure or eviction in the past five years	172	19.1%	24.4%
Education			
Household Highest Education Level			
Less than high school	++	++	++
High school diploma	++	++	++
General equivalency diploma or GED	++	++	++
Business, trade, or technical license, certificate, or degree beyond high school	++	++	++
Some college beyond high school or a 2-year college degree	++	++	++
Four-year college degree or higher	++	++	++
Total excluding nonresponse	++	++	++
Client Education level			
Less than high school	++	++	++
High school diploma	++	++	++
General equivalency diploma or GED	++	++	++
Business, trade, or technical license, certificate, or degree beyond high school	++	++	++
Some college beyond high school or a 2-year college degree	++	++	++
Four-year college degree or higher	++	++	++
Total excluding nonresponse	++	++	++
Military Service			
No household member has ever served	++	++	++
At least one household member has served	++	++	++
Not currently serving	++	++	++
Household member currently serving	++	++	++
Unknown if currently serving	++	++	++
Total excluding nonresponse	++	++	++
Household Employment (of the person who worked the most in the past 12 months; in some households, this person may not be working)			
Work Status			
Worked for pay in the last 4 weeks	313	34.1%	33.4%
Worked for pay in the last 12 months	433	47.2%	34.8%
Currently out of work	603	65.9%	33.4%
Currently out of work, but actively looking in the last 4 weeks	++	++	++

Table A3 Characteristics of Clients and their Households

Characteristic	Count	Estimate	Percentage Margin of Error (+/-)
Hours worked per week, among persons who worked the most in the household			
1-10 hours per week	++	++	++
11-20 hours per week	++	++	++
21-30 hours per week	++	++	++
31-40 hours per week	++	++	++
Over 40 hours per week	++	++	++
Total excluding nonresponse	++	++	++
Time out of work, among households where previously most employed person is not working			
Less than 1 month	++	++	++
1-6 months	++	++	++
7-12 months	++	++	++
More than 1 year	++	++	++
Total excluding nonresponse	++	++	++
Out of the workforce, in the past 4 weeks, and not looking for work because			
Retired	++	++	++
Disabled/poor health; caretaker for another person	++	++	++
Other	++	++	++
Total excluding nonresponse	++	++	++
Potential Barriers and Bridges to Employment			
Respondent responsible for grandchildren in household	++	++	++
Household member(s) released from prison in the past 12 months	++	++	++
Adult client student status			
Full-time student(s)	++	++	++
Part-time student(s)	++	++	++
Health, Health Insurance, and Medical Bills			
Household: Health status of respondent			
Excellent	++	++	++
Very good	++	++	++
Good	++	++	++
Fair	++	++	++
Poor	++	++	++
Total excluding nonresponse	++	++	++
Household member in poor health	++	++	++
Household member with diabetes	267	29.8%	35.9%
Household member with high blood pressure	280	31.2%	16.2%
Household: no member has health insurance	++	++	++
Household with unpaid medical bills	264	32.6%	30.6%

Table A3 Characteristics of Clients and their Households

Characteristic	Count	Estimate	Percentage Margin of Error (+/-)
Income			
Household Annual Income			
\$0	++	++	++
\$1 - \$10,000	++	++	++
\$10,001 - \$20,000	++	++	++
\$20,001 - \$30,000	++	++	++
More than \$30,000	++	++	++
Total excluding nonresponse	++	++	++
Household Annual Income as % of Poverty Level			
0% (no income)	++	++	++
1% - 50%	++	++	++
51% - 75%	++	++	++
76% - 100%	++	++	++
101%-130%	++	++	++
131% - 150%	++	++	++
151% - 185%	++	++	++
186% or higher	++	++	++
Total excluding nonresponse	++	++	++
Household Monthly Income			
\$0	++	++	++
\$1 - \$1,000	++	++	++
\$1,001 - \$2,000	++	++	++
\$2,001 - \$3,000	++	++	++
More than \$3,000	++	++	++
Total excluding nonresponse	++	++	++
Households living in poverty	494	82.4%	17.6%

Table A4 Clients Use of Food Assistance

Characteristic	Count	Percentage	
		Estimate	Margin of Error (+/-)
Food Security			
Food secure	407	45.3%	15.8%
Food insecure	491	54.7%	15.8%
Total excluding nonresponse	898	100.0%	.
Spending Tradeoffs			
Choose between paying for food and paying for other expenses (ever in the past 12 months)			
Medicine/medical care	369	46.4%	15.1%
Utilities	218	37.8%	32.9%
Housing	278	45.0%	43.0%
Transportation	241	29.8%	29.4%
Education	107	13.2%	10.6%
Choice of food versus medical care			
Every month	128	16.1%	19.2%
Sometimes	240	30.2%	16.0%
Never	427	53.6%	15.1%
Total excluding nonresponse	796	100.0%	.
Choice of food versus utilities			
Every month	87	15.2%	11.1%
Sometimes	130	22.6%	32.6%
Never	359	62.2%	32.9%
Total excluding nonresponse	577	100.0%	.
Choice of food versus housing			
Every month	++	++	++
Sometimes	++	++	++
Never	++	++	++
Total excluding nonresponse	++	++	++
Choice of food versus transportation			
Every month	104	12.8%	10.7%
Sometimes	138	17.0%	27.0%
Never	568	70.2%	29.4%
Total excluding nonresponse	809	100.0%	.
Choice of food versus education			
Every month	++	++	++
Sometimes	++	++	++
Never	++	++	++
Total excluding nonresponse	++	++	++

Table A4 Clients Use of Food Assistance

Characteristic	Count	Percentage	
		Estimate	Margin of Error (+/-)
Household SNAP Participation			
Currently receiving SNAP	658	80.9%	19.1%
Not currently receiving SNAP	156	19.1%	20.0%
Never Applied	++	++	++
Have Applied	++	++	++
Unknown	++	++	++
Total excluding nonresponse	814	100.0%	.
Time to exhaustion of benefits for households receiving SNAP			
1 Week or less	++	++	++
2 Weeks	++	++	++
3 Weeks	++	++	++
4 Weeks	++	++	++
More than 4 Weeks	++	++	++
Total excluding nonresponse	++	++	++
Potential SNAP income eligibility among client households not receiving SNAP			
Not income-eligible	++	++	++
Potentially income-eligible	104	66.8%	27.1%
At 130% threshold	++	++	++
At higher broad-based categorical eligibility (BBCE) threshold	++	++	++
Total excluding nonresponse	155	100.0%	.
Reasons for not Applying for SNAP, among households that have never applied			
Didn't think eligible	++	++	++
Personal reasons	++	++	++
Too difficult to apply	++	++	++
Never Heard of Program	++	++	++
Other	++	++	++
Other Program Participation			
Household participation in programs targeted at school-aged children (ages 5-18)			
Free or reduced-price school lunch programs	++	++	++
Free or reduced-price school breakfast programs	++	++	++
Afterschool snack or meal programs	++	++	++
BackPack weekend food programs	++	++	++
Special Supplemental Nutrition Program for Women, Infants and Children (WIC) (among all households)	++	++	++

Table A4 Clients Use of Food Assistance

Characteristic	Count	Percentage	
		Estimate	Margin of Error (+/-)
Households participating in at least one child nutrition program			
One program	373	40.7%	35.1%
Two or more programs	323	35.3%	9.8%
Strategies for Food Assistance			
I usually wait to come to this program until I run out of food	622	67.9%	18.7%
I plan to get food here on a regular basis	294	32.1%	18.7%
Total excluding nonresponse	916	100.0%	.
Top Products Desired by Clients but Not Currently Receiving at Program			
Beverages such as water or juice	265	33.5%	25.4%
Dairy products such as milk, cheese or yogurt	465	58.9%	25.0%
Fresh fruits and vegetables	471	59.6%	16.6%
Grains such as bread or pasta	112	14.2%	16.4%
Non-food items like shampoo, soap, or diapers	221	27.9%	15.9%
Nothing	++	++	++
Other foods or products	++	++	++
Protein food items like meats	398	50.4%	24.8%
This is my first time coming to this program	++	++	++
Coping Strategies			
Types of household coping strategies used in the past 12 months			
Eaten food past expiration date	446	54.8%	23.4%
Grew food in garden	165	18.0%	16.6%
Sold or pawned personal property	240	26.2%	27.6%
Purchased food in dented or damaged packages	500	61.5%	17.3%
Purchased inexpensive, unhealthy food	707	77.2%	22.8%
Received help from family or friends	498	55.5%	32.6%
Watered down food or drinks	352	44.3%	24.3%
Number of household coping strategies used			
None	++	++	++
1	++	++	++
2	++	++	++
3 or more	++	++	++
Total excluding nonresponse	++	++	++