



Hunger in America 2014

Report for Vermont Foodbank

Rutland County Data



A Report on Charitable Food Distribution in 2013

Table A1 Agency and Program Characteristics

Characteristic	Count	Estimate	Percentage Margin of Error (+/-)
Partner Agency by Type			
Faith-based or located in a religious institution	1	5.9%	9.9%
Not faith-based	16	94.1%	5.9%
Total excluding nonresponse	17	100.0%	.
Number of Programs by Type			
Meal	9	33.3%	15.8%
Grocery	10	37.0%	16.2%
Food-related benefits	1	3.7%	6.3%
Non-food	7	25.9%	14.7%
Total excluding nonresponse	27	100.0%	.

	Median	Sum	Margin of Error(+/-)
Agency Staffing			
Agency full-time equivalent staff at time of survey	4	87	42

	Count	Estimate	Margin Of Error(+/-)
Number of agencies with no full-time equivalent staff at time of survey	4	23.5%	17.9%

	Median	Sum	Margin of Error(+/-)
Program Volunteers			
Number of program volunteers (weekly)	11	426	228

	Min	Max	Median
Total volunteer hours per week per program	5	176	50

Average Percentage of Program Volunteers by Age			
18 and younger		10.0%	
19-59		50.2%	
60 and older		39.8%	
Total excluding nonresponse		100%	

	Count	Estimate	Percentage Margin of Error(+/-)
Program Challenges			
Difficulty obtaining volunteers (some or a lot of difficulty)	5	33.3%	22.2%
Difficulty retaining volunteers (some or a lot of difficulty)	3	20.0%	18.8%

Areas of volunteer/staff training needs

Table A1 Agency and Program Characteristics

Characteristic	Count	Percentage	
		Estimate	Margin of Error (+/-)
Accessing local food resources	6	30.0%	18.2%
Food safety and sanitation	6	33.3%	19.9%
Advocacy training	5	25.0%	17.2%
Client choice	3	15.0%	14.2%
Food Stamp (SNAP) application assistance and outreach	4	20.0%	15.9%
Fundraising/grant writing	8	40.0%	19.4%
Nonprofit management / board governance	5	26.3%	18.0%
Nutrition education	8	42.1%	20.2%
Social media	3	15.0%	14.2%
Summer feeding	3	15.0%	14.2%
Technology assistance	3	15.0%	14.2%
Volunteer recruitment/retention/staff succession planning	6	30.0%	18.2%

	Count		
	No Volunteers	Half of total volunteers or less	More than half of total volunteers
Source of Program Volunteers			
Connected to Agency	3	6	5
Religious groups	4	8	1
United Way	10	1	0
Other Civic/Nonprofit	7	5	0
Companies or business groups	8	5	0
Kindergarten through 12th grade school programs	8	3	0
Colleges/Universities	7	6	0
Court-ordered community service	6	4	0
Clients	2	5	3
Volunteers connected to food bank	8	2	0
Some Other Source	6	7	0

Average Percentage of Total Program Food Distributed

Rutland	39.2%
Other	0.0%
Donations	26.9%
Purchased	33.9%
Total excluding nonresponse	100.0%

	Count	Percentage	
		Estimate	Margin of Error(+/-)
Program Access to Vehicles			
Owens truck(s), van(s), or car(s) for pickups	6	37.5%	21.9%
Rents/leases truck(s), van(s), or car(s) for pickups	0	0%	0%
Depends on personal truck(s), van(s), or car(s) of staff or volunteers for pickups	5	33.3%	22.2%
Works with other programs to share the responsibility for pickups	1	6.7%	11.7%
Food and groceries are delivered to program	14	87.5%	12.5%

Table A1 Agency and Program Characteristics

Characteristic	Count	Estimate	Percentage Margin of Error (+/-)
Program Reported Changes in Demand and Supply in the Past 12 months			
Volume of clients compared to prior year			
Saw any increase	8	42.1%	20.2%
About the same	8	42.1%	20.2%
Saw any decrease	3	15.8%	14.9%
Total excluding nonresponse	19	100.0%	.
Food available to meet needs of clients			
More food than needed	1	5.6%	9.7%
Enough food to meet needs	14	77.8%	17.5%
Less food than needed	3	16.7%	15.7%
Total excluding nonresponse	18	100.0%	.
Programs Turning Clients Away in the Past 12 Months			
Programs turning clients away for any reason	3	15.8%	14.9%
Programs turning clients away frequently or occasionally due to			
Program ran out of food	0	0%	0%
Clients came more often than program rules allow	0	0%	0%
Client lived outside the program's service area	1	33.3%	66.7%
No ID	0	0%	0%
Income too high	0	0%	0%
Other	0	0%	0%
Program Restrictions			
Any Type Of Service Restriction	10	52.6%	20.4%
Daily	1	5.3%	9.1%
Weekly	1	5.3%	9.1%
Monthly	5	26.3%	18.0%
Quarterly/Seasonally	0	0%	0%
Annually	2	10.5%	12.5%
Agency Nutrition and Health Services			
Agencies that provide any type of nutrition services	13	76.5%	17.9%
Fliers or written materials	11	64.7%	20.2%
Cooking classes or demonstrations	8	47.1%	21.1%
Nutrition workshops or classes or meetings with dietitians	8	47.1%	21.1%
Referrals	7	41.2%	20.8%
Other	4	23.5%	17.9%
Agencies that do not provide any type of nutrition services	4	23.5%	17.9%
Total excluding nonresponse	17	100.0%	.
For those offering nutrition services how many led by:			
Agency Staff	9	81.8%	18.2%
Agency volunteers	7	63.6%	27.0%
Local nutritionists or other health professionals in partnership	4	36.4%	27.0%

Table A1 Agency and Program Characteristics

Characteristic	Count	Estimate	Percentage Margin of Error (+/-)
with agency			
Staff from food bank	1	10.0%	18.0%
Staff from Farm Bureau or Cooperative extension	0	0%	0%
Staff from local colleges/universities	0	0%	0%
Someone else	2	20.0%	24.0%
Agency Obstacles to Distribution of Healthier Foods			
Client reasons (unwillingness to eat, inability to store, etc.)	11	64.7%	20.2%
Too expensive to purchase healthier foods	12	70.6%	19.2%
Inability to store/handle healthier foods	1	6.3%	10.6%
Lack of knowledge about healthier foods	0	0%	0%
Healthier food not a priority	1	5.9%	9.9%
Inability to obtain healthier foods from other donors/food sources	6	35.3%	20.2%
Agency Services Related to Government Programs			
Agencies that provided any SNAP-related services	11	64.7%	20.2%
Screening for eligibility	2	11.8%	13.6%
Application assistance	6	35.3%	20.2%
Education about the program	9	56.3%	21.8%
Recertification for the program	2	11.8%	13.6%
Agencies that did not provide any SNAP-related services	5	29.4%	19.2%
Total excluding nonresponse	17	100.0%	.
Agency Reasons for Not Offering SNAP Services, Among Agencies Reporting Not Offering Them			
Staff-related issues	3	75.0%	25.0%
Not enough time	1	25.0%	58.4%
Lacking physical space or equipment	1	33.3%	66.7%
SNAP is not part of what this agency does	2	50.0%	50.0%
Other reason	3	75.0%	25.0%
Agency Services Related to Other Non-SNAP Programs			
Special Supplemental Nutrition Program for Women Infants and Children (WIC)	5	29.4%	19.2%
Temporary Assistance for Needy Families (TANF) program	7	41.2%	20.8%
Medicaid or other health care programs	5	29.4%	19.2%
Supplemental Security income (SSI)	2	11.8%	13.6%
Tax preparation or Earned Income Tax Credit (EITC) assistance	4	23.5%	17.9%
Housing assistance like Section 8	3	17.6%	16.1%
Agencies Providing Combinations of Other non-SNAP Program Services			
One non-food service	2	11.8%	13.6%
Two non-food services	1	5.9%	9.9%

Table A1 Agency and Program Characteristics

Characteristic	Count	Percentage	
		Estimate	Margin of Error (+/-)
Three non-food services	1	5.9%	9.9%
Four or more non-food services	4	23.5%	17.9%
Agency Reductions in the past 12 Months			
Experienced Cutbacks	2	12.5%	14.5%
Cut hours of operation	0	0%	0%
Lay off staff	2	11.8%	13.6%
Limit the area served	0	0%	0%
Did not Experience Cutbacks	14	87.5%	12.5%
Total excluding nonresponse	16	100.0%	.
Agencies reporting challenges associated with continuing to provide services			
Not enough money	2	11.8%	13.6%
Not enough food supplies	2	11.8%	13.6%
Not enough paid staff or personnel	2	11.8%	13.6%
Not enough volunteers	1	5.9%	9.9%
Not enough money for transportation	0	0%	0%
Building or location problems	0	0%	0%
Not enough leadership	1	5.9%	9.9%
Not enough community support	1	5.9%	9.9%
Community doesn't need this program	0	0%	0%
Count			
	No Funding	Half of total	More than half
		funding or less	of total funding
Agency funding			
Government	4	7	1
Individuals	2	10	3
Corporations	4	9	0
Foundations	7	8	0
Religious institutions	6	9	0
Client fees	7	7	0
Other	5	5	1
		Percentage	
	Count	Estimate	Margin of Error(+/-)
Program Reliance on Food Bank: Effect if program no longer received food from food bank			
Major effect	11	57.9%	20.2%
Minor effect	8	42.1%	20.2%
No effect at all	0	0%	0%
Total excluding nonresponse	19	100.0%	.

Table A2 Client Counts

	Weekly		Monthly		Annually	
	Duplicated counts	Unduplicated counts	Duplicated counts	Unduplicated counts	Duplicated counts	Unduplicated counts
Total number of individual clients, all programs	1,800 (+/-1,200)	1,400 (+/-1,200)	8,000 (+/-5,300)	5,200 (+/-5,000)	96,500 (+/-63,400)	14,600 (+/-13,800)
Total number of client households, all programs	1,000 (+/-500)	600 (+/-500)	4,300 (+/-2,100)	2,000 (+/-1,700)	51,100 (+/-25,400)	5,600 (+/-4,800)
Total number of individual clients by meal and grocery programs						
Meal programs	500 (+/-0)	100 (+/-0)	2,000 (+/-200)	100 (+/-0)	23,600 (+/-1,900)	200 (+/-0)
Grocery Programs	1,400 (+/-1,200)	1,400 (+/-1,200)	6,100 (+/-5,300)	5,300 (+/-5,000)	72,900 (+/-63,300)	14,700 (+/-13,900)
Total number of individual clients by selected program subtypes (not mutually exclusive)						
Pantries	1,400	1,400	6,100	5,200	72,900	14,500
Kitchens	400	0	1,800	0	21,700	0

Table A3 Characteristics of Clients and their Households

Characteristic	Count	Estimate	Percentage Margin of Error (+/-)
Client Age			
0-5	1,936	15.6%	5.9%
6-17	2,162	17.5%	8.2%
18-29	1,001	8.1%	8.2%
30-49	4,654	37.6%	8.1%
50-59	1,253	10.1%	9.7%
60-64	822	6.6%	2.9%
65 or older	552	4.5%	3.7%
Total excluding nonresponse	12,380	100.0%	.
Client Race/Ethnicity			
White Non-Hispanic	++	++	++
Black Non-Hispanic	++	++	++
Hispanic	++	++	++
Other	++	++	++
Total excluding nonresponse	++	++	++
Household Size			
1 member	++	++	++
2 to 3 members	++	++	++
4 to 6 members	++	++	++
More than 6 members	++	++	++
Total excluding nonresponse	++	++	++
Primary Language Spoken By Adults at Home			
English	++	++	++
Spanish	++	++	++
Other	++	++	++
Housing			
Non-temporary housing	1,818	97.3%	2.7%
House or townhouse	432	23.1%	12.1%
Apartment	941	50.4%	6.2%
Mobile home or house trailer	387	20.7%	14.6%
Other	58	3.1%	4.4%
Temporary housing	50	2.7%	5.7%
Total excluding nonresponse	1,868	100.0%	.
Households without access to stove, microwave or hot plate	183	10.6%	6.4%
Households without access to refrigeration	190	11.0%	5.7%
Housing payment arrangements (non-temporary housing)			
Own with Mortgage	++	++	++

Table A3 Characteristics of Clients and their Households

Characteristic	Count	Percentage	
		Estimate	Margin of Error (+/-)
Own free and clear	++	++	++
Rent or Lease	++	++	++
Do not have to pay rent	++	++	++
Total excluding nonresponse	++	++	++
Respondents lived at least two places in the past 12 months	638	31.7%	8.7%
Respondents started living with another person or family	223	11.4%	19.0%
Respondents experienced foreclosure or eviction in the past five years	297	15.4%	9.3%
Education			
Household Highest Education Level			
Less than high school	++	++	++
High school diploma	++	++	++
General equivalency diploma or GED	++	++	++
Business, trade, or technical license, certificate, or degree beyond high school	++	++	++
Some college beyond high school or a 2-year college degree	++	++	++
Four-year college degree or higher	++	++	++
Total excluding nonresponse	++	++	++
Client Education level			
Less than high school	++	++	++
High school diploma	++	++	++
General equivalency diploma or GED	++	++	++
Business, trade, or technical license, certificate, or degree beyond high school	++	++	++
Some college beyond high school or a 2-year college degree	++	++	++
Four-year college degree or higher	++	++	++
Total excluding nonresponse	++	++	++
Military Service			
No household member has ever served	++	++	++
At least one household member has served	++	++	++
Not currently serving	++	++	++
Household member currently serving	++	++	++
Unknown if currently serving	++	++	++
Total excluding nonresponse	++	++	++
Household Employment (of the person who worked the most in the past 12 months; in some households, this person may not be working)			
Work Status			
Worked for pay in the last 4 weeks	799	41.0%	7.7%
Worked for pay in the last 12 months	986	50.6%	11.2%
Currently out of work	1,151	59.0%	7.7%
Currently out of work, but actively looking in the last 4 weeks	272	13.6%	5.7%

Table A3 Characteristics of Clients and their Households

Characteristic	Count	Estimate	Percentage Margin of Error (+/-)
Hours worked per week, among persons who worked the most in the household			
1-10 hours per week	++	++	++
11-20 hours per week	++	++	++
21-30 hours per week	++	++	++
31-40 hours per week	++	++	++
Over 40 hours per week	++	++	++
Total excluding nonresponse	++	++	++
Time out of work, among households where previously most employed person is not working			
Less than 1 month	++	++	++
1-6 months	++	++	++
7-12 months	++	++	++
More than 1 year	++	++	++
Total excluding nonresponse	++	++	++
Out of the workforce, in the past 4 weeks, and not looking for work because			
Retired	++	++	++
Disabled/poor health; caretaker for another person	++	++	++
Other	++	++	++
Total excluding nonresponse	++	++	++
Potential Barriers and Bridges to Employment			
Respondent responsible for grandchildren in household	++	++	++
Household member(s) released from prison in the past 12 months	2	0.1%	0.1%
Adult client student status			
Full-time student(s)	++	++	++
Part-time student(s)	569	5.8%	2.5%
Health, Health Insurance, and Medical Bills			
Household: Health status of respondent			
Excellent	332	17.7%	10.2%
Very good	288	15.4%	6.4%
Good	692	37.0%	15.3%
Fair	427	22.8%	13.0%
Poor	134	7.2%	11.9%
Total excluding nonresponse	1,873	100.0%	.
Household member in poor health	182	10.4%	12.3%
Household member with diabetes	297	15.2%	23.0%
Household member with high blood pressure	969	49.0%	9.5%
Household: no member has health insurance	369	18.4%	8.5%
Household with unpaid medical bills	1,264	63.4%	7.9%

Table A3 Characteristics of Clients and their Households

Characteristic	Count	Estimate	Percentage Margin of Error (+/-)
Income			
Household Annual Income			
\$0	++	++	++
\$1 - \$10,000	++	++	++
\$10,001 - \$20,000	++	++	++
\$20,001 - \$30,000	++	++	++
More than \$30,000	++	++	++
Total excluding nonresponse	++	++	++
Household Annual Income as % of Poverty Level			
0% (no income)	++	++	++
1% - 50%	++	++	++
51% - 75%	++	++	++
76% - 100%	++	++	++
101% - 130%	++	++	++
131% - 150%	++	++	++
151% - 185%	++	++	++
186% or higher	++	++	++
Total excluding nonresponse	++	++	++
Household Monthly Income			
\$0	81	4.1%	10.5%
\$1 - \$1,000	789	39.6%	5.6%
\$1,001 - \$2,000	539	27.1%	12.4%
\$2,001 - \$3,000	243	12.2%	4.6%
More than \$3,000	339	17.0%	9.2%
Total excluding nonresponse	1,991	100.0%	.
Households living in poverty	1,064	58.8%	15.0%

Table A4 Clients Use of Food Assistance

Characteristic	Count	Percentage	
		Estimate	Margin of Error (+/-)
Food Security			
Food secure	262	14.2%	7.6%
Food insecure	1,583	85.8%	7.6%
Total excluding nonresponse	1,846	100.0%	.
Spending Tradeoffs			
Choose between paying for food and paying for other expenses (ever in the past 12 months)			
Medicine/medical care	1,624	81.7%	11.0%
Utilities	1,766	89.6%	9.5%
Housing	1,514	75.9%	9.3%
Transportation	1,284	69.5%	11.8%
Education	861	44.0%	15.4%
Choice of food versus medical care			
Every month	896	45.0%	14.2%
Sometimes	728	36.6%	10.9%
Never	365	18.3%	11.0%
Total excluding nonresponse	1,989	100.0%	.
Choice of food versus utilities			
Every month	861	43.7%	5.0%
Sometimes	906	45.9%	12.1%
Never	205	10.4%	9.5%
Total excluding nonresponse	1,971	100.0%	.
Choice of food versus housing			
Every month	815	40.9%	5.4%
Sometimes	699	35.1%	5.9%
Never	480	24.1%	9.3%
Total excluding nonresponse	1,994	100.0%	.
Choice of food versus transportation			
Every month	559	30.3%	10.8%
Sometimes	725	39.3%	5.3%
Never	562	30.5%	11.8%
Total excluding nonresponse	1,846	100.0%	.
Choice of food versus education			
Every month	526	26.9%	9.2%
Sometimes	335	17.1%	7.2%
Never	1,095	56.0%	15.4%
Total excluding nonresponse	1,956	100.0%	.

Table A4 Clients Use of Food Assistance

Characteristic	Count	Percentage	
		Estimate	Margin of Error (+/-)
Household SNAP Participation			
Currently receiving SNAP	1,648	84.2%	8.0%
Not currently receiving SNAP	309	15.8%	8.0%
Never Applied	++	++	++
Have Applied	++	++	++
Unknown	++	++	++
Total excluding nonresponse	1,958	100.0%	.
Time to exhaustion of benefits for households receiving SNAP			
1 Week or less	++	++	++
2 Weeks	++	++	++
3 Weeks	++	++	++
4 Weeks	++	++	++
More than 4 Weeks	++	++	++
Total excluding nonresponse	++	++	++
Potential SNAP income eligibility among client households not receiving SNAP			
Not income-eligible	87	28.3%	15.5%
Potentially income-eligible	222	71.7%	15.5%
At 130% threshold	77	24.9%	35.5%
At higher broad-based categorical eligibility (BBCE) threshold	++	++	++
Total excluding nonresponse	309	100.0%	.
Reasons for not Applying for SNAP, among households that have never applied			
Didn't think eligible	++	++	++
Personal reasons	++	++	++
Too difficult to apply	++	++	++
Never Heard of Program	++	++	++
Other	++	++	++
Other Program Participation			
Household participation in programs targeted at school-aged children (ages 5-18)			
Free or reduced-price school lunch programs	++	++	++
Free or reduced-price school breakfast programs	++	++	++
Afterschool snack or meal programs	++	++	++
BackPack weekend food programs	++	++	++
Special Supplemental Nutrition Program for Women, Infants and Children (WIC) (among all households)	197	10.1%	4.3%

Table A4 Clients Use of Food Assistance

Characteristic	Count	Percentage	
		Estimate	Margin of Error (+/-)
Households participating in at least one child nutrition program			
One program	1,456	72.5%	8.9%
Two or more programs	337	16.8%	7.1%
Strategies for Food Assistance			
I usually wait to come to this program until I run out of food	992	60.4%	25.6%
I plan to get food here on a regular basis	651	39.6%	25.6%
Total excluding nonresponse	1,643	100.0%	.
Top Products Desired by Clients but Not Currently Receiving at Program			
Beverages such as water or juice	356	20.9%	9.1%
Dairy products such as milk, cheese or yogurt	578	33.9%	14.5%
Fresh fruits and vegetables	1,167	68.4%	14.7%
Grains such as bread or pasta	187	11.0%	6.4%
Non-food items like shampoo, soap, or diapers	155	9.1%	13.9%
Nothing	++	++	++
Other foods or products	351	20.6%	10.8%
Protein food items like meats	710	41.6%	18.6%
This is my first time coming to this program	++	++	++
Coping Strategies			
Types of household coping strategies used in the past 12 months			
Eaten food past expiration date	754	44.4%	18.1%
Grew food in garden	588	35.3%	7.1%
Sold or pawned personal property	355	19.2%	10.5%
Purchased food in dented or damaged packages	1,038	60.4%	13.7%
Purchased inexpensive, unhealthy food	1,242	72.8%	9.6%
Received help from family or friends	1,017	55.7%	11.8%
Watered down food or drinks	813	49.4%	12.1%
Number of household coping strategies used			
None	++	++	++
1	++	++	++
2	++	++	++
3 or more	++	++	++
Total excluding nonresponse	++	++	++