



Hunger in America 2014

Report for Vermont Foodbank

Windham County Data



A Report on Charitable Food Distribution in 2013

Table A1 Agency and Program Characteristics

Characteristic	Count	Estimate	Percentage Margin of Error (+/-)
Partner Agency by Type			
Faith-based or located in a religious institution	11	36.7%	14.3%
Not faith-based	19	63.3%	14.3%
Total excluding nonresponse	30	100.0%	.
Number of Programs by Type			
Meal	19	33.9%	10.7%
Grocery	22	39.3%	11.0%
Food-related benefits	0	0%	0%
Non-food	15	26.8%	10.0%
Total excluding nonresponse	56	100.0%	.
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	Median	Sum	Margin of Error(+/-)
Agency Staffing			
Agency full-time equivalent staff at time of survey	8	158	45
	Count	Estimate	Margin Of Error(+/-)
Number of agencies with no full-time equivalent staff at time of survey	11	36.7%	14.3%
	Median	Sum	Margin of Error(+/-)
Program Volunteers			
Number of program volunteers (weekly)	13	1,134	495
	Min	Max	Median
Total volunteer hours per week per program	1	540	32
Average Percentage of Program Volunteers by Age			
18 and younger		7.6%	
19-59		53.4%	
60 and older		39.0%	
Total excluding nonresponse		100%	
	Count	Estimate	Percentage Margin of Error(+/-)
Program Challenges			
Difficulty obtaining volunteers (some or a lot of difficulty)	16	50.0%	15.2%
Difficulty retaining volunteers (some or a lot of difficulty)	17	50.0%	14.7%
Areas of volunteer/staff training needs			

Table A1 Agency and Program Characteristics

Characteristic	Count	Percentage	
		Estimate	Margin of Error (+/-)
Accessing local food resources	17	41.5%	13.1%
Food safety and sanitation	24	58.5%	13.1%
Advocacy training	16	39.0%	13.0%
Client choice	12	29.3%	12.1%
Food Stamp (SNAP) application assistance and outreach	11	26.8%	11.8%
Fundraising/grant writing	15	36.6%	12.8%
Nonprofit management / board governance	13	32.5%	12.6%
Nutrition education	21	51.2%	13.3%
Social media	18	43.9%	13.2%
Summer feeding	11	27.5%	12.0%
Technology assistance	20	48.8%	13.3%
Volunteer recruitment/retention/staff succession planning	15	37.5%	13.1%

	Count		
	No Volunteers	Half of total volunteers or less	More than half of total volunteers
Source of Program Volunteers			
Connected to Agency	8	14	12
Religious groups	12	13	4
United Way	22	3	0
Other Civic/Nonprofit	20	6	0
Companies or business groups	22	4	0
Kindergarten through 12th grade school programs	15	9	1
Colleges/Universities	20	4	0
Court-ordered community service	18	9	1
Clients	11	12	3
Volunteers connected to food bank	24	3	0
Some Other Source	14	11	5

Average Percentage of Total Program Food Distributed

Windham	55.5%
Other	0.5%
Donations	17.1%
Purchased	26.9%
Total excluding nonresponse	100.0%

	Count	Percentage	
		Estimate	Margin of Error(+/-)
Program Access to Vehicles			
Owens truck(s), van(s), or car(s) for pickups	2	6.3%	7.4%
Rents/leases truck(s), van(s), or car(s) for pickups	0	0%	0%
Depends on personal truck(s), van(s), or car(s) of staff or volunteers for pickups	28	82.4%	11.2%
Works with other programs to share the responsibility for pickups	6	18.2%	11.5%
Food and groceries are delivered to program	18	56.3%	15.1%

Table A1 Agency and Program Characteristics

Characteristic	Count	Estimate	Percentage Margin of Error (+/-)
Program Reported Changes in Demand and Supply in the Past 12 months			
Volume of clients compared to prior year			
Saw any increase	24	58.5%	13.1%
About the same	13	31.7%	12.4%
Saw any decrease	4	9.8%	7.9%
Total excluding nonresponse	41	100.0%	.
Food available to meet needs of clients			
More food than needed	8	19.5%	10.6%
Enough food to meet needs	26	63.4%	12.8%
Less food than needed	7	17.1%	10.0%
Total excluding nonresponse	41	100.0%	.
Programs Turning Clients Away in the Past 12 Months			
Programs turning clients away for any reason	7	17.1%	10.0%
Programs turning clients away frequently or occasionally due to			
Program ran out of food	0	0%	0%
Clients came more often than program rules allow	2	28.6%	35.8%
Client lived outside the program's service area	2	28.6%	35.8%
No ID	0	0%	0%
Income too high	0	0%	0%
Other	6	85.7%	14.3%
Program Restrictions			
Any Type Of Service Restriction	10	24.4%	11.4%
Daily	1	2.4%	4.1%
Weekly	4	9.8%	7.9%
Monthly	5	12.2%	8.7%
Quarterly/Seasonally	0	0%	0%
Annually	0	0%	0%
Agency Nutrition and Health Services			
Agencies that provide any type of nutrition services	20	66.7%	14.0%
Fliers or written materials	15	50.0%	14.8%
Cooking classes or demonstrations	13	43.3%	14.7%
Nutrition workshops or classes or meetings with dietitians	16	53.3%	14.8%
Referrals	12	40.0%	14.5%
Other	10	33.3%	14.0%
Agencies that do not provide any type of nutrition services	10	33.3%	14.0%
Total excluding nonresponse	30	100.0%	.
For those offering nutrition services how many led by:			
Agency Staff	16	84.2%	14.4%
Agency volunteers	13	72.2%	18.2%
Local nutritionists or other health professionals in partnership	11	57.9%	19.4%

Table A1 Agency and Program Characteristics

Characteristic	Count	Estimate	Percentage Margin of Error (+/-)
with agency			
Staff from food bank	1	6.3%	10.6%
Staff from Farm Bureau or Cooperative extension	2	13.3%	15.5%
Staff from local colleges/universities	4	25.0%	19.0%
Someone else	6	40.0%	22.4%
Agency Obstacles to Distribution of Healthier Foods			
Client reasons (unwillingness to eat, inability to store, etc.)	21	70.0%	13.6%
Too expensive to purchase healthier foods	21	70.0%	13.6%
Inability to store/handle healthier foods	5	16.7%	11.1%
Lack of knowledge about healthier foods	0	0%	0%
Healthier food not a priority	3	10.0%	8.9%
Inability to obtain healthier foods from other donors/food sources	12	40.0%	14.5%
Agency Services Related to Government Programs			
Agencies that provided any SNAP-related services	18	60.0%	14.5%
Screening for eligibility	11	36.7%	14.3%
Application assistance	13	43.3%	14.7%
Education about the program	17	58.6%	14.9%
Recertification for the program	8	26.7%	13.1%
Agencies that did not provide any SNAP-related services	11	36.7%	14.3%
Total excluding nonresponse	30	100.0%	.
Agency Reasons for Not Offering SNAP Services, Among Agencies Reporting Not Offering Them			
Staff-related issues	3	30.0%	27.5%
Not enough time	3	30.0%	27.5%
Lacking physical space or equipment	2	20.0%	24.0%
SNAP is not part of what this agency does	10	90.9%	9.1%
Other reason	3	30.0%	27.5%
Agency Services Related to Other Non-SNAP Programs			
Special Supplemental Nutrition Program for Women Infants and Children (WIC)	12	40.0%	14.5%
Temporary Assistance for Needy Families (TANF) program	9	30.0%	13.6%
Medicaid or other health care programs	14	46.7%	14.8%
Supplemental Security income (SSI)	11	37.9%	14.7%
Tax preparation or Earned Income Tax Credit (EITC) assistance	6	20.0%	11.9%
Housing assistance like Section 8	11	36.7%	14.3%
Agencies Providing Combinations of Other non-SNAP Program Services			
One non-food service	5	16.7%	11.1%
Two non-food services	1	3.3%	5.3%

Table A1 Agency and Program Characteristics

Characteristic	Count	Percentage	
		Estimate	Margin of Error (+/-)
Three non-food services	1	3.3%	5.3%
Four or more non-food services	3	10.0%	8.9%
Agency Reductions in the past 12 Months			
Experienced Cutbacks	6	20.0%	11.9%
Cut hours of operation	1	3.3%	5.3%
Lay off staff	4	13.3%	10.1%
Limit the area served	1	3.3%	5.3%
Did not Experience Cutbacks	24	80.0%	11.9%
Total excluding nonresponse	30	100.0%	.
Agencies reporting challenges associated with continuing to provide services			
Not enough money	4	13.3%	10.1%
Not enough food supplies	2	6.7%	7.4%
Not enough paid staff or personnel	2	6.7%	7.4%
Not enough volunteers	3	10.0%	8.9%
Not enough money for transportation	2	6.7%	7.4%
Building or location problems	3	10.0%	8.9%
Not enough leadership	1	3.3%	5.3%
Not enough community support	1	3.3%	5.3%
Community doesn't need this program	1	3.3%	5.3%
Agency funding			
Government	10	10	9
Individuals	3	22	4
Corporations	11	17	0
Foundations	14	15	0
Religious institutions	15	12	1
Client fees	19	8	2
Other	13	13	1
Program Reliance on Food Bank: Effect if program no longer received food from food bank			
Major effect	29	70.7%	12.1%
Minor effect	10	24.4%	11.4%
No effect at all	2	4.9%	5.7%
Total excluding nonresponse	41	100.0%	.

Table A2 Client Counts

	Weekly		Monthly		Annually	
	Duplicated counts	Unduplicated counts	Duplicated counts	Unduplicated counts	Duplicated counts	Unduplicated counts
Total number of individual clients, all programs	2,900 (+/-1,000)	1,800 (+/-800)	12,700 (+/-4,500)	5,100 (+/-2,400)	152,200 (+/-54,400)	14,000 (+/-6,800)
Total number of client households, all programs	1,400 (+/-600)	900 (+/-500)	6,200 (+/-2,600)	2,300 (+/-1,400)	74,600 (+/-31,400)	6,300 (+/-4,000)
Total number of individual clients by meal and grocery programs						
Meal programs	800 (+/-700)	300 (+/-300)	3,300 (+/-3,100)	600 (+/-300)	40,000 (+/-36,700)	1,000 (+/-600)
Grocery Programs	2,200 (+/-800)	1,700 (+/-800)	9,400 (+/-3,300)	5,000 (+/-2,500)	112,200 (+/-40,100)	13,800 (+/-6,900)
Total number of individual clients by selected program subtypes (not mutually exclusive)						
Pantries	2,200	1,700	9,400	4,900	112,200	13,600
Kitchens	700	100	2,800	100	34,100	200
Shelters	++	++	++	++	++	++

Table A3 Characteristics of Clients and their Households

Characteristic	Count	Estimate	Percentage Margin of Error (+/-)
Client Age			
0-5	402	3.1%	2.6%
6-17	2,221	17.1%	11.2%
18-29	2,828	21.7%	7.3%
30-49	3,573	27.5%	6.9%
50-59	1,536	11.8%	8.8%
60-64	1,000	7.7%	5.7%
65 or older	1,446	11.1%	4.3%
Total excluding nonresponse	13,006	100.0%	.
Client Race/Ethnicity			
White Non-Hispanic	++	++	++
Black Non-Hispanic	++	++	++
Hispanic	++	++	++
Other	++	++	++
Total excluding nonresponse	++	++	++
Household Size			
1 member	++	++	++
2 to 3 members	++	++	++
4 to 6 members	++	++	++
More than 6 members	++	++	++
Total excluding nonresponse	++	++	++
Primary Language Spoken By Adults at Home			
English	++	++	++
Spanish	++	++	++
Other	++	++	++
Housing			
Non-temporary housing	2,226	96.5%	1.7%
House or townhouse	817	35.4%	23.3%
Apartment	1,121	48.6%	25.7%
Mobile home or house trailer	226	9.8%	10.5%
Other	61	2.7%	2.7%
Temporary housing	80	3.5%	1.7%
Total excluding nonresponse	2,306	100.0%	.
Households without access to stove, microwave or hot plate	++	++	++
Households without access to refrigeration	++	++	++
Housing payment arrangements (non-temporary housing)			
Own with Mortgage	170	7.7%	8.9%

Table A3 Characteristics of Clients and their Households

Characteristic	Count	Percentage	
		Estimate	Margin of Error (+/-)
Own free and clear	117	5.2%	7.1%
Rent or Lease	1,822	82.0%	17.2%
Do not have to pay rent	113	5.1%	6.3%
Total excluding nonresponse	2,222	100.0%	.
Respondents lived at least two places in the past 12 months	1,135	47.4%	23.2%
Respondents started living with another person or family	260	11.2%	5.3%
Respondents experienced foreclosure or eviction in the past five years	116	5.0%	5.6%
Education			
Household Highest Education Level			
Less than high school	146	6.3%	4.8%
High school diploma	1,083	46.5%	20.7%
General equivalency diploma or GED	199	8.5%	6.2%
Business, trade, or technical license, certificate, or degree beyond high school	165	7.1%	5.2%
Some college beyond high school or a 2-year college degree	539	23.2%	13.6%
Four-year college degree or higher	195	8.4%	3.6%
Total excluding nonresponse	2,328	100.0%	.
Client Education level			
Less than high school	2,085	19.4%	5.8%
High school diploma	4,865	45.2%	13.7%
General equivalency diploma or GED	857	7.9%	2.1%
Business, trade, or technical license, certificate, or degree beyond high school	855	7.9%	6.1%
Some college beyond high school or a 2-year college degree	1,565	14.5%	7.6%
Four-year college degree or higher	548	5.1%	2.7%
Total excluding nonresponse	10,775	100.0%	.
Military Service			
No household member has ever served	++	++	++
At least one household member has served	++	++	++
Not currently serving	++	++	++
Household member currently serving	++	++	++
Unknown if currently serving	++	++	++
Total excluding nonresponse	++	++	++
Household Employment (of the person who worked the most in the past 12 months; in some households, this person may not be working)			
Work Status			
Worked for pay in the last 4 weeks	462	20.6%	11.8%
Worked for pay in the last 12 months	1,224	54.6%	25.3%
Currently out of work	1,779	79.4%	11.8%
Currently out of work, but actively looking in the last 4 weeks	378	16.2%	5.8%

Table A3 Characteristics of Clients and their Households

Characteristic	Count	Estimate	Percentage Margin of Error (+/-)
Hours worked per week, among persons who worked the most in the household			
1-10 hours per week	116	8.9%	7.8%
11-20 hours per week	693	53.0%	27.4%
21-30 hours per week	112	8.6%	10.2%
31-40 hours per week	198	15.1%	16.1%
Over 40 hours per week	187	14.3%	12.4%
Total excluding nonresponse	1,307	100.0%	.
Time out of work, among households where previously most employed person is not working			
Less than 1 month	++	++	++
1-6 months	++	++	++
7-12 months	++	++	++
More than 1 year	++	++	++
Total excluding nonresponse	++	++	++
Out of the workforce, in the past 4 weeks, and not looking for work because			
Retired	++	++	++
Disabled/poor health; caretaker for another person	++	++	++
Other	++	++	++
Total excluding nonresponse	++	++	++
Potential Barriers and Bridges to Employment			
Respondent responsible for grandchildren in household	138	5.9%	6.8%
Household member(s) released from prison in the past 12 months	++	++	++
Adult client student status			
Full-time student(s)	++	++	++
Part-time student(s)	366	3.4%	1.7%
Health, Health Insurance, and Medical Bills			
Household: Health status of respondent			
Excellent	569	24.5%	26.3%
Very good	331	14.2%	7.4%
Good	622	26.8%	13.0%
Fair	433	18.6%	9.5%
Poor	368	15.9%	8.6%
Total excluding nonresponse	2,324	100.0%	.
Household member in poor health	448	20.0%	11.6%
Household member with diabetes	405	17.8%	10.2%
Household member with high blood pressure	1,163	50.0%	19.9%
Household: no member has health insurance	162	7.0%	5.9%
Household with unpaid medical bills	725	31.1%	14.4%

Table A3 Characteristics of Clients and their Households

Characteristic	Count	Estimate	Percentage Margin of Error (+/-)
Income			
Household Annual Income			
\$0	65	3.0%	4.1%
\$1 - \$10,000	651	29.5%	15.8%
\$10,001 - \$20,000	1,243	56.4%	19.2%
\$20,001 - \$30,000	137	6.2%	3.8%
More than \$30,000	109	5.0%	5.5%
Total excluding nonresponse	2,205	100.0%	.
Household Annual Income as % of Poverty Level			
0% (no income)	65	3.0%	4.1%
1% - 50%	303	13.7%	7.7%
51% - 75%	337	15.3%	8.8%
76% - 100%	838	38.0%	23.1%
101% - 130%	137	6.2%	5.3%
131% - 150%	261	11.8%	11.5%
151% - 185%	151	6.9%	4.6%
186% or higher	113	5.1%	5.8%
Total excluding nonresponse	2,205	100.0%	.
Household Monthly Income			
\$0	94	4.1%	4.1%
\$1 - \$1,000	1,313	56.8%	16.4%
\$1,001 - \$2,000	425	18.4%	12.9%
\$2,001 - \$3,000	234	10.1%	7.1%
More than \$3,000	248	10.7%	6.4%
Total excluding nonresponse	2,314	100.0%	.
Households living in poverty	1,543	70.0%	14.6%

Table A4 Clients Use of Food Assistance

Characteristic	Count	Percentage	
		Estimate	Margin of Error (+/-)
Food Security			
Food secure	472	20.4%	10.4%
Food insecure	1,838	79.6%	10.4%
Total excluding nonresponse	2,310	100.0%	.
Spending Tradeoffs			
Choose between paying for food and paying for other expenses (ever in the past 12 months)			
Medicine/medical care	1,524	66.1%	14.6%
Utilities	1,076	47.5%	18.8%
Housing	985	43.8%	16.8%
Transportation	1,172	51.5%	19.1%
Education	358	15.7%	12.2%
Choice of food versus medical care			
Every month	875	38.0%	28.5%
Sometimes	649	28.2%	15.6%
Never	781	33.9%	14.6%
Total excluding nonresponse	2,305	100.0%	.
Choice of food versus utilities			
Every month	383	16.9%	9.4%
Sometimes	693	30.6%	13.7%
Never	1,189	52.5%	18.8%
Total excluding nonresponse	2,265	100.0%	.
Choice of food versus housing			
Every month	303	13.5%	6.5%
Sometimes	682	30.3%	13.6%
Never	1,263	56.2%	16.8%
Total excluding nonresponse	2,248	100.0%	.
Choice of food versus transportation			
Every month	520	22.8%	15.1%
Sometimes	652	28.6%	8.6%
Never	1,105	48.5%	19.1%
Total excluding nonresponse	2,277	100.0%	.
Choice of food versus education			
Every month	163	7.1%	5.3%
Sometimes	196	8.5%	9.0%
Never	1,931	84.3%	12.2%
Total excluding nonresponse	2,290	100.0%	.

Table A4 Clients Use of Food Assistance

Characteristic	Count	Percentage	
		Estimate	Margin of Error (+/-)
Household SNAP Participation			
Currently receiving SNAP	1,794	77.7%	10.0%
Not currently receiving SNAP	514	22.3%	10.0%
Never Applied	++	++	++
Have Applied	++	++	++
Unknown	++	++	++
Total excluding nonresponse	2,308	100.0%	.
Time to exhaustion of benefits for households receiving SNAP			
1 Week or less	++	++	++
2 Weeks	++	++	++
3 Weeks	++	++	++
4 Weeks	++	++	++
More than 4 Weeks	++	++	++
Total excluding nonresponse	++	++	++
Potential SNAP income eligibility among client households not receiving SNAP			
Not income-eligible	241	48.2%	21.1%
Potentially income-eligible	259	51.8%	21.1%
At 130% threshold	230	45.9%	24.5%
At higher broad-based categorical eligibility (BBCE) threshold	++	++	++
Total excluding nonresponse	501	100.0%	.
Reasons for not Applying for SNAP, among households that have never applied			
Didn't think eligible	178	72.4%	27.6%
Personal reasons	++	++	++
Too difficult to apply	++	++	++
Never Heard of Program	++	++	++
Other	++	++	++
Other Program Participation			
Household participation in programs targeted at school-aged children (ages 5-18)			
Free or reduced-price school lunch programs	147	24.6%	48.0%
Free or reduced-price school breakfast programs	51	8.5%	20.2%
Afterschool snack or meal programs	++	++	++
BackPack weekend food programs	++	++	++
Special Supplemental Nutrition Program for Women, Infants and Children (WIC) (among all households)	++	++	++

Table A4 Clients Use of Food Assistance

Characteristic	Count	Percentage	
		Estimate	Margin of Error (+/-)
Households participating in at least one child nutrition program			
One program	1,185	50.9%	21.1%
Two or more programs	630	27.1%	26.0%
Strategies for Food Assistance			
I usually wait to come to this program until I run out of food	554	25.1%	12.5%
I plan to get food here on a regular basis	1,651	74.9%	12.5%
Total excluding nonresponse	2,205	100.0%	.
Top Products Desired by Clients but Not Currently Receiving at Program			
Beverages such as water or juice	257	11.1%	5.3%
Dairy products such as milk, cheese or yogurt	904	39.0%	11.3%
Fresh fruits and vegetables	1,569	67.6%	15.6%
Grains such as bread or pasta	259	11.2%	6.0%
Non-food items like shampoo, soap, or diapers	468	20.2%	11.8%
Nothing	188	8.1%	5.2%
Other foods or products	130	5.6%	2.8%
Protein food items like meats	810	34.9%	17.7%
This is my first time coming to this program	148	6.4%	6.5%
Coping Strategies			
Types of household coping strategies used in the past 12 months			
Eaten food past expiration date	1,225	52.8%	20.2%
Grew food in garden	628	28.2%	13.8%
Sold or pawned personal property	615	33.1%	5.3%
Purchased food in dented or damaged packages	1,655	73.2%	16.9%
Purchased inexpensive, unhealthy food	1,445	62.8%	19.7%
Received help from family or friends	1,582	68.5%	12.3%
Watered down food or drinks	1,175	51.4%	15.8%
Number of household coping strategies used			
None	159	6.8%	4.4%
1	236	10.1%	10.0%
2	848	36.5%	24.0%
3 or more	1,081	46.5%	19.0%
Total excluding nonresponse	2,323	100.0%	.