



# Hunger in America 2014

Report for Vermont Foodbank

## Windsor County Data



A Report on Charitable Food Distribution in 2013

**Table A1 Agency and Program Characteristics**

Characteristic	Count	Estimate	Percentage Margin of Error (+/-)
<b>Partner Agency by Type</b>			
Faith-based or located in a religious institution	6	28.6%	16.7%
Not faith-based	15	71.4%	16.7%
<b>Total excluding nonresponse</b>	<b>21</b>	<b>100.0%</b>	.
<b>Number of Programs by Type</b>			
Meal	18	36.7%	11.7%
Grocery	13	26.5%	10.7%
Food-related benefits	1	2.0%	3.4%
Non-food	17	34.7%	11.5%
<b>Total excluding nonresponse</b>	<b>49</b>	<b>100.0%</b>	.

	Median	Sum	Margin of Error(+/-)
<b>Agency Staffing</b>			
Agency full-time equivalent staff at time of survey	7	203	111

	Count	Estimate	Margin Of Error(+/-)
Number of agencies with no full-time equivalent staff at time of survey	10	47.6%	18.5%

	Median	Sum	Margin of Error(+/-)
<b>Program Volunteers</b>			
Number of program volunteers (weekly)	12	1,064	493

	Min	Max	Median
Total volunteer hours per week per program	0	960	21

Average Percentage of Program Volunteers by Age			
18 and younger		8.5%	
19-59		55.3%	
60 and older		36.2%	
<b>Total excluding nonresponse</b>		<b>100%</b>	

	Count	Estimate	Percentage Margin of Error(+/-)
<b>Program Challenges</b>			
Difficulty obtaining volunteers (some or a lot of difficulty)	15	51.7%	16.1%
Difficulty retaining volunteers (some or a lot of difficulty)	11	37.9%	15.6%

Areas of volunteer/staff training needs

**Table A1 Agency and Program Characteristics**

Characteristic	Count	Percentage	
		Estimate	Margin of Error (+/-)
Accessing local food resources	9	28.1%	13.7%
Food safety and sanitation	17	53.1%	15.2%
Advocacy training	8	25.0%	13.2%
Client choice	3	9.4%	8.9%
Food Stamp (SNAP) application assistance and outreach	2	6.5%	7.6%
Fundraising/grant writing	9	28.1%	13.7%
Nonprofit management / board governance	7	21.9%	12.6%
Nutrition education	15	46.9%	15.2%
Social media	4	12.9%	10.4%
Summer feeding	5	15.6%	11.1%
Technology assistance	7	21.9%	12.6%
Volunteer recruitment/retention/staff succession planning	10	31.3%	14.1%

	Count		
	No Volunteers	Half of total volunteers or less	More than half of total volunteers
<b>Source of Program Volunteers</b>			
Connected to Agency	3	7	19
Religious groups	12	8	2
United Way	19	2	0
Other Civic/Nonprofit	14	6	1
Companies or business groups	12	8	0
Kindergarten through 12th grade school programs	15	6	0
Colleges/Universities	16	5	1
Court-ordered community service	14	7	0
Clients	10	12	0
Volunteers connected to food bank	20	1	0
Some Other Source	14	6	0

**Average Percentage of Total Program Food Distributed**

Windsor	43.6%
Other	0.5%
Donations	19.3%
Purchased	36.6%
<b>Total excluding nonresponse</b>	<b>100.0%</b>

	Count	Percentage	
		Estimate	Margin of Error(+/-)
<b>Program Access to Vehicles</b>			
Owens truck(s), van(s), or car(s) for pickups	9	31.0%	14.9%
Rents/leases truck(s), van(s), or car(s) for pickups	0	0%	0%
Depends on personal truck(s), van(s), or car(s) of staff or volunteers for pickups	14	48.3%	16.1%
Works with other programs to share the responsibility for pickups	3	10.3%	9.8%
Food and groceries are delivered to program	24	82.8%	12.1%

**Table A1 Agency and Program Characteristics**

Characteristic	Count	Estimate	Percentage Margin of Error (+/-)
<b>Program Reported Changes in Demand and Supply in the Past 12 months</b>			
Volume of clients compared to prior year			
Saw any increase	17	54.8%	15.4%
About the same	12	38.7%	15.1%
Saw any decrease	2	6.5%	7.6%
<b>Total excluding nonresponse</b>	<b>31</b>	<b>100.0%</b>	.
Food available to meet needs of clients			
More food than needed	2	6.5%	7.6%
Enough food to meet needs	19	61.3%	15.1%
Less food than needed	10	32.3%	14.5%
<b>Total excluding nonresponse</b>	<b>31</b>	<b>100.0%</b>	.
<b>Programs Turning Clients Away in the Past 12 Months</b>			
Programs turning clients away for any reason			
Programs turning clients away frequently or occasionally due to	6	19.4%	12.2%
Program ran out of food	0	0%	0%
Clients came more often than program rules allow	1	16.7%	33.6%
Client lived outside the program's service area	2	33.3%	42.5%
No ID	1	16.7%	33.6%
Income too high	0	0%	0%
Other	2	33.3%	42.5%
<b>Program Restrictions</b>			
Any Type Of Service Restriction			
Daily	12	38.7%	15.1%
Weekly	3	9.7%	9.2%
Monthly	5	16.1%	11.4%
Quarterly/Seasonally	4	12.9%	10.4%
Annually	0	0%	0%
<b>Agency Nutrition and Health Services</b>			
Agencies that provide any type of nutrition services			
Fliers or written materials	14	66.7%	17.4%
Cooking classes or demonstrations	12	57.1%	18.3%
Nutrition workshops or classes or meetings with dietitians	9	42.9%	18.3%
Referrals	9	42.9%	18.3%
Other	8	38.1%	18.0%
Other	7	33.3%	17.4%
Agencies that do not provide any type of nutrition services	7	33.3%	17.4%
<b>Total excluding nonresponse</b>	<b>21</b>	<b>100.0%</b>	.
For those offering nutrition services how many led by:			
Agency Staff	8	61.5%	24.4%
Agency volunteers	10	71.4%	21.6%
Local nutritionists or other health professionals in partnership	6	46.2%	25.0%

**Table A1 Agency and Program Characteristics**

Characteristic	Count	Estimate	Percentage Margin of Error (+/-)
with agency			
Staff from food bank	1	7.7%	13.4%
Staff from Farm Bureau or Cooperative extension	2	16.7%	19.7%
Staff from local colleges/universities	3	23.1%	21.1%
Someone else	2	15.4%	18.1%
<b>Agency Obstacles to Distribution of Healthier Foods</b>			
Client reasons (unwillingness to eat, inability to store, etc.)	13	61.9%	18.0%
Too expensive to purchase healthier foods	16	76.2%	15.8%
Inability to store/handle healthier foods	4	20.0%	15.2%
Lack of knowledge about healthier foods	0	0%	0%
Healthier food not a priority	0	0%	0%
Inability to obtain healthier foods from other donors/food sources	12	57.1%	18.3%
<b>Agency Services Related to Government Programs</b>			
Agencies that provided any SNAP-related services	15	71.4%	16.7%
Screening for eligibility	7	35.0%	18.2%
Application assistance	10	47.6%	18.5%
Education about the program	14	66.7%	17.4%
Recertification for the program	5	25.0%	16.5%
Agencies that did not provide any SNAP-related services	6	28.6%	16.7%
<b>Total excluding nonresponse</b>	<b>21</b>	<b>100.0%</b>	.
<b>Agency Reasons for Not Offering SNAP Services, Among Agencies Reporting Not Offering Them</b>			
Staff-related issues	4	100.0%	0.0%
Not enough time	3	75.0%	25.0%
Lacking physical space or equipment	3	75.0%	25.0%
SNAP is not part of what this agency does	5	100.0%	0.0%
Other reason	2	50.0%	50.0%
<b>Agency Services Related to Other Non-SNAP Programs</b>			
Special Supplemental Nutrition Program for Women Infants and Children (WIC)	8	38.1%	18.0%
Temporary Assistance for Needy Families (TANF) program	8	38.1%	18.0%
Medicaid or other health care programs	8	38.1%	18.0%
Supplemental Security income (SSI)	6	28.6%	16.7%
Tax preparation or Earned Income Tax Credit (EITC) assistance	6	28.6%	16.7%
Housing assistance like Section 8	7	33.3%	17.4%
<b>Agencies Providing Combinations of Other non-SNAP Program Services</b>			
One non-food service	2	9.5%	10.9%
Two non-food services	2	9.5%	10.9%

**Table A1 Agency and Program Characteristics**

Characteristic	Count	Percentage	
		Estimate	Margin of Error (+/-)
Three non-food services	0	0%	0%
Four or more non-food services	3	14.3%	12.9%
<b>Agency Reductions in the past 12 Months</b>			
Experienced Cutbacks	4	19.0%	14.5%
Cut hours of operation	0	0%	0%
Lay off staff	2	9.5%	10.9%
Limit the area served	2	9.5%	10.9%
Did not Experience Cutbacks	17	81.0%	14.5%
<b>Total excluding nonresponse</b>	<b>21</b>	<b>100.0%</b>	<b>.</b>
<b>Agencies reporting challenges associated with continuing to provide services</b>			
Not enough money	1	4.8%	7.9%
Not enough food supplies	1	4.8%	7.9%
Not enough paid staff or personnel	1	4.8%	7.9%
Not enough volunteers	1	4.8%	7.9%
Not enough money for transportation	0	0%	0%
Building or location problems	1	4.8%	7.9%
Not enough leadership	1	4.8%	7.9%
Not enough community support	1	4.8%	7.9%
Community doesn't need this program	0	0%	0%
<b>Count</b>			
	<b>No Funding</b>	<b>Half of total</b>	<b>More than half</b>
		<b>funding or less</b>	<b>of total funding</b>
<b>Agency funding</b>			
Government	6	6	6
Individuals	3	10	4
Corporations	10	6	0
Foundations	9	8	0
Religious institutions	7	8	2
Client fees	10	5	1
Other	6	6	1
<b>Percentage</b>			
	<b>Count</b>	<b>Estimate</b>	<b>Margin of Error(+/-)</b>
<b>Program Reliance on Food Bank: Effect if program no longer received food from food bank</b>			
Major effect	25	80.6%	12.2%
Minor effect	4	12.9%	10.4%
No effect at all	2	6.5%	7.6%
<b>Total excluding nonresponse</b>	<b>31</b>	<b>100.0%</b>	<b>.</b>

**Table A2 Client Counts**

	Weekly		Monthly		Annually	
	Duplicated counts	Unduplicated counts	Duplicated counts	Unduplicated counts	Duplicated counts	Unduplicated counts
Total number of individual clients, all programs	6,100 (+/-7,300)	4,300 (+/-4,600)	26,500 (+/-31,800)	12,400 (+/-13,900)	318,000 (+/-381,400)	27,600 (+/-27,100)
Total number of client households, all programs	3,300 (+/-4,500)	2,300 (+/-3,000)	14,200 (+/-19,600)	6,400 (+/-8,300)	170,800 (+/-235,200)	13,500 (+/-16,000)
Total number of individual clients by meal and grocery programs						
Meal programs	4,300 (+/-7,200)	3,300 (+/-5,600)	18,500 (+/-31,400)	10,400 (+/-17,700)	221,800 (+/-376,400)	19,800 (+/-33,900)
Grocery Programs	1,800 (+/-1,200)	1,700 (+/-1,100)	8,000 (+/-5,200)	4,500 (+/-2,500)	96,100 (+/-61,900)	12,500 (+/-7,000)
Total number of individual clients by selected program subtypes (not mutually exclusive)						
Pantries	1,800	1,700	8,000	4,400	96,100	12,300
Kitchens	100	0	300	0	3,100	0



**Table A3 Characteristics of Clients and their Households**

Characteristic	Count	Estimate	Percentage Margin of Error (+/-)
<b>Client Age</b>			
0-5	911	3.4%	4.9%
6-17	4,029	15.2%	20.4%
18-29	6,374	24.1%	16.3%
30-49	10,112	38.2%	11.4%
50-59	4,087	15.4%	3.8%
60-64	262	1.0%	1.3%
65 or older	679	2.6%	3.2%
<b>Total excluding nonresponse</b>	<b>26,454</b>	<b>100.0%</b>	.
<b>Client Race/Ethnicity</b>			
White Non-Hispanic	++	++	++
Black Non-Hispanic	++	++	++
Hispanic	++	++	++
Other	++	++	++
<b>Total excluding nonresponse</b>	<b>++</b>	<b>++</b>	<b>++</b>
<b>Household Size</b>			
1 member	++	++	++
2 to 3 members	++	++	++
4 to 6 members	++	++	++
More than 6 members	++	++	++
<b>Total excluding nonresponse</b>	<b>++</b>	<b>++</b>	<b>++</b>
<b>Primary Language Spoken By Adults at Home</b>			
English	++	++	++
Spanish	++	++	++
Other	++	++	++
<b>Housing</b>			
Non-temporary housing	++	++	++
House or townhouse	2,821	44.4%	7.8%
Apartment	794	12.5%	23.3%
Mobile home or house trailer	406	6.4%	3.7%
Other	1,316	20.7%	10.4%
Temporary housing	++	++	++
<b>Total excluding nonresponse</b>	<b>++</b>	<b>++</b>	<b>++</b>
Households without access to stove, microwave or hot plate	++	++	++
Households without access to refrigeration	++	++	++
Housing payment arrangements (non-temporary housing)			
Own with Mortgage	584	11.0%	5.4%



**Table A3 Characteristics of Clients and their Households**

Characteristic	Count	Estimate	Percentage Margin of Error (+/-)
Own free and clear	98	1.8%	3.7%
Rent or Lease	3,203	60.2%	4.6%
Do not have to pay rent	1,432	26.9%	9.0%
<b>Total excluding nonresponse</b>	<b>5,317</b>	<b>100.0%</b>	<b>.</b>
Respondents lived at least two places in the past 12 months	4,488	47.2%	19.2%
Respondents started living with another person or family	802	12.6%	7.2%
Respondents experienced foreclosure or eviction in the past five years	1,870	29.5%	11.8%
<b>Education</b>			
Household Highest Education Level			
Less than high school	72	1.1%	2.6%
High school diploma	2,709	42.7%	10.5%
General equivalency diploma or GED	1,852	29.2%	5.5%
Business, trade, or technical license, certificate, or degree beyond high school	275	4.3%	2.3%
Some college beyond high school or a 2-year college degree	1,348	21.2%	6.9%
Four-year college degree or higher	91	1.4%	4.3%
<b>Total excluding nonresponse</b>	<b>6,347</b>	<b>100.0%</b>	<b>.</b>
Client Education level			
Less than high school	5,036	22.8%	4.1%
High school diploma	7,043	31.8%	6.8%
General equivalency diploma or GED	6,079	27.5%	5.0%
Business, trade, or technical license, certificate, or degree beyond high school	710	3.2%	3.3%
Some college beyond high school or a 2-year college degree	2,999	13.6%	6.1%
Four-year college degree or higher	257	1.2%	2.9%
<b>Total excluding nonresponse</b>	<b>22,124</b>	<b>100.0%</b>	<b>.</b>
<b>Military Service</b>			
No household member has ever served	++	++	++
At least one household member has served	++	++	++
Not currently serving	++	++	++
Household member currently serving	++	++	++
Unknown if currently serving	++	++	++
<b>Total excluding nonresponse</b>	<b>++</b>	<b>++</b>	<b>++</b>
<b>Household Employment (of the person who worked the most in the past 12 months; in some households, this person may not be working)</b>			
Work Status			
Worked for pay in the last 4 weeks	3,124	49.3%	12.2%
Worked for pay in the last 12 months	5,074	80.1%	19.9%
Currently out of work	3,213	50.7%	12.2%
Currently out of work, but actively looking in the last 4 weeks	1,319	20.8%	7.7%

**Table A3 Characteristics of Clients and their Households**

Characteristic	Count	Estimate	Percentage Margin of Error (+/-)
Hours worked per week, among persons who worked the most in the household			
1-10 hours per week	347	6.8%	3.3%
11-20 hours per week	413	8.1%	6.1%
21-30 hours per week	1,201	23.7%	8.7%
31-40 hours per week	2,655	52.3%	12.1%
Over 40 hours per week	459	9.0%	3.2%
<b>Total excluding nonresponse</b>	<b>5,074</b>	<b>100.0%</b>	.
Time out of work, among households where previously most employed person is not working			
Less than 1 month	++	++	++
1-6 months	++	++	++
7-12 months	++	++	++
More than 1 year	++	++	++
<b>Total excluding nonresponse</b>	<b>++</b>	<b>++</b>	<b>++</b>
Out of the workforce, in the past 4 weeks, and not looking for work because			
Retired	++	++	++
Disabled/poor health; caretaker for another person	++	++	++
Other	++	++	++
<b>Total excluding nonresponse</b>	<b>++</b>	<b>++</b>	<b>++</b>
<b>Potential Barriers and Bridges to Employment</b>			
Respondent responsible for grandchildren in household	51	0.8%	2.3%
Household member(s) released from prison in the past 12 months	++	++	++
Adult client student status			
Full-time student(s)	2,417	11.1%	2.7%
Part-time student(s)	++	++	++
<b>Health, Health Insurance, and Medical Bills</b>			
Household: Health status of respondent			
Excellent	1,225	21.9%	11.8%
Very good	713	12.7%	9.5%
Good	2,322	41.5%	16.0%
Fair	632	11.3%	7.6%
Poor	708	12.6%	14.2%
<b>Total excluding nonresponse</b>	<b>5,600</b>	<b>100.0%</b>	.
Household member in poor health	395	7.6%	15.6%
Household member with diabetes	762	13.1%	13.6%
Household member with high blood pressure	1,211	20.8%	22.4%
Household: no member has health insurance	336	5.3%	6.1%
Household with unpaid medical bills	4,397	69.4%	9.3%

**Table A3 Characteristics of Clients and their Households**

Characteristic	Count	Estimate	Percentage Margin of Error (+/-)
<b>Income</b>			
Household Annual Income			
\$0	++	++	++
\$1 - \$10,000	++	++	++
\$10,001 - \$20,000	++	++	++
\$20,001 - \$30,000	++	++	++
More than \$30,000	++	++	++
<b>Total excluding nonresponse</b>	<b>++</b>	<b>++</b>	<b>++</b>
Household Annual Income as % of Poverty Level			
0% (no income)	++	++	++
1% - 50%	++	++	++
51% - 75%	++	++	++
76% - 100%	++	++	++
101% - 130%	++	++	++
131% - 150%	++	++	++
151% - 185%	++	++	++
186% or higher	++	++	++
<b>Total excluding nonresponse</b>	<b>++</b>	<b>++</b>	<b>++</b>
Household Monthly Income			
\$0	++	++	++
\$1 - \$1,000	++	++	++
\$1,001 - \$2,000	++	++	++
\$2,001 - \$3,000	++	++	++
More than \$3,000	++	++	++
<b>Total excluding nonresponse</b>	<b>++</b>	<b>++</b>	<b>++</b>
Households living in poverty	3,769	62.6%	9.7%

**Table A4 Clients Use of Food Assistance**

Characteristic	Count	Percentage	
		Estimate	Margin of Error (+/-)
<b>Food Security</b>			
Food secure	1,740	27.4%	15.2%
Food insecure	4,612	72.6%	15.2%
<b>Total excluding nonresponse</b>	<b>6,352</b>	<b>100.0%</b>	.
<b>Spending Tradeoffs</b>			
Choose between paying for food and paying for other expenses (ever in the past 12 months)			
Medicine/medical care	2,188	34.7%	19.6%
Utilities	3,784	61.3%	8.0%
Housing	2,763	43.9%	5.8%
Transportation	2,891	45.6%	18.5%
Education	512	8.1%	7.5%
Choice of food versus medical care			
Every month	672	10.7%	14.1%
Sometimes	1,516	24.0%	11.1%
Never	4,119	65.3%	19.6%
<b>Total excluding nonresponse</b>	<b>6,306</b>	<b>100.0%</b>	.
Choice of food versus utilities			
Every month	623	10.1%	11.9%
Sometimes	3,161	51.2%	8.5%
Never	2,388	38.7%	8.0%
<b>Total excluding nonresponse</b>	<b>6,172</b>	<b>100.0%</b>	.
Choice of food versus housing			
Every month	771	12.2%	6.2%
Sometimes	1,992	31.6%	5.0%
Never	3,539	56.1%	5.8%
<b>Total excluding nonresponse</b>	<b>6,302</b>	<b>100.0%</b>	.
Choice of food versus transportation			
Every month	623	9.8%	12.4%
Sometimes	2,268	35.8%	10.8%
Never	3,448	54.4%	18.5%
<b>Total excluding nonresponse</b>	<b>6,339</b>	<b>100.0%</b>	.
Choice of food versus education			
Every month	++	++	++
Sometimes	++	++	++
Never	++	++	++
<b>Total excluding nonresponse</b>	<b>++</b>	<b>++</b>	<b>++</b>

**Table A4 Clients Use of Food Assistance**

Characteristic	Count	Percentage	
		Estimate	Margin of Error (+/-)
<b>Household SNAP Participation</b>			
Currently receiving SNAP	5,095	80.3%	9.8%
Not currently receiving SNAP	1,253	19.7%	9.8%
Never Applied	++	++	++
Have Applied	++	++	++
Unknown	++	++	++
<b>Total excluding nonresponse</b>	<b>6,348</b>	<b>100.0%</b>	<b>.</b>
Time to exhaustion of benefits for households receiving SNAP			
1 Week or less	++	++	++
2 Weeks	++	++	++
3 Weeks	++	++	++
4 Weeks	++	++	++
More than 4 Weeks	++	++	++
<b>Total excluding nonresponse</b>	<b>++</b>	<b>++</b>	<b>++</b>
Potential SNAP income eligibility among client households not receiving SNAP			
Not income-eligible	149	12.0%	6.2%
Potentially income-eligible	1,099	88.0%	6.2%
At 130% threshold	531	42.6%	33.6%
At higher broad-based categorical eligibility (BBCE) threshold	568	45.5%	30.4%
<b>Total excluding nonresponse</b>	<b>1,248</b>	<b>100.0%</b>	<b>.</b>
Reasons for not Applying for SNAP, among households that have never applied			
Didn't think eligible	317	44.6%	18.0%
Personal reasons	++	++	++
Too difficult to apply	++	++	++
Never Heard of Program	++	++	++
Other	118	16.6%	5.1%
<b>Other Program Participation</b>			
Household participation in programs targeted at school-aged children (ages 5-18)			
Free or reduced-price school lunch programs	366	60.4%	39.6%
Free or reduced-price school breakfast programs	133	22.0%	34.6%
Afterschool snack or meal programs	++	++	++
BackPack weekend food programs	++	++	++
Special Supplemental Nutrition Program for Women, Infants and Children (WIC) (among all households)	148	2.3%	5.3%

**Table A4 Clients Use of Food Assistance**

Characteristic	Count	Percentage	
		Estimate	Margin of Error (+/-)
<b>Households participating in at least one child nutrition program</b>			
One program	5,125	80.7%	14.8%
Two or more programs	362	5.7%	12.0%
<b>Strategies for Food Assistance</b>			
I usually wait to come to this program until I run out of food	4,618	81.5%	18.5%
I plan to get food here on a regular basis	1,047	18.5%	22.4%
<b>Total excluding nonresponse</b>	<b>5,665</b>	<b>100.0%</b>	.
<b>Top Products Desired by Clients but Not Currently Receiving at Program</b>			
Beverages such as water or juice	221	3.7%	9.1%
Dairy products such as milk, cheese or yogurt	3,812	63.6%	8.7%
Fresh fruits and vegetables	4,335	72.3%	9.9%
Grains such as bread or pasta	205	3.4%	7.0%
Non-food items like shampoo, soap, or diapers	1,252	20.9%	5.8%
Nothing	707	11.8%	4.6%
Other foods or products	859	14.3%	8.1%
Protein food items like meats	3,113	51.9%	7.9%
This is my first time coming to this program	++	++	++
<b>Coping Strategies</b>			
Types of household coping strategies used in the past 12 months			
Eaten food past expiration date	2,863	45.2%	23.0%
Grew food in garden	3,436	54.7%	22.4%
Sold or pawned personal property	1,271	20.2%	16.8%
Purchased food in dented or damaged packages	2,926	49.9%	23.4%
Purchased inexpensive, unhealthy food	4,289	68.0%	14.9%
Received help from family or friends	3,527	56.3%	6.2%
Watered down food or drinks	760	12.0%	25.1%
Number of household coping strategies used			
None	425	6.7%	4.0%
1	2,084	32.8%	18.7%
2	692	10.9%	3.6%
3 or more	3,150	49.6%	21.6%
<b>Total excluding nonresponse</b>	<b>6,352</b>	<b>100.0%</b>	.