



**Hunger  
Action  
Conference  
2019**  
vtfoodbank.org/event/hac

## Healing the Past for a Healthy Future

### Conference Agenda for Friday, May 3<sup>rd</sup>

7:30am - 8:30am	<b>Registration, Continental Breakfast, and Networking Marketplace</b> <i>Oscar Wilde Ballroom</i>	
8:30am - 8:50am	<b>Opening Plenary: Welcome &amp; Recognition</b>  <b>Presentation of the Bonnie Pease Service Award</b> <i>Oscar Wilde Ballroom</i>	<b>John Sayles</b> <i>Vermont Foodbank CEO</i> <b>Joe Dauscher</b> <i>Vermont Foodbank</i>
8:50am - 9:50am	<b>Keynote Session: Relational Healing in the Time of Evidence</b> <i>Oscar Wilde Ballroom</i>	<b>Dr. Ken Epstein</b>
9:50am - 10:15am	<b>Networking Marketplace and Refreshments</b> <i>Oscar Wilde Ballroom</i>	
<b>Workshop Session One</b>		
10:15am - 11:40am	<b>Part 1: Understanding Trauma and Stress</b> <i>Oscar Wilde Ballroom</i>	<b>Dr. Ken Epstein</b>
10:15am - 11:40am	<b>Understanding How Our Past Affects Our Future</b> <i>Northstar I</i>	<b>Michael Thompson</b> <i>University of Vermont</i>
10:15am - 11:40am	<b>Increasing Food Security While Reducing Food Loss and Waste</b> <i>Northstar II</i>	<b>Anne Bijur</b> <i>VT Agency of Natural Resources</i> <b>Theresa Snow</b> <i>Salvation Farms</i> <b>Christopher Russell</b> <i>Cumberland Farms</i> <b>Megg Hanna</b> <i>BROC Community Action</i>
10:15am - 11:40am	<b>Cross Class Communication Using Trauma Informed Principles</b> <i>Gateway I&amp;II</i>	<b>Angela Berkfield</b> <b>Deb Witkus</b> <b>Kendra Colburn</b> <i>Equity Solutions</i>
10:15am - 11:40am	<b>How Poverty Changes the Food System: What is Born from the Failures of the Traditional Food System</b> <i>Escapade I&amp;II</i>	<b>Hannah Harrington</b> <i>Chittenden Emergency Food Shelf</i>
11:40am - 11:45am	<b>Transition to Lunch</b>	
11:45am - 12:30pm	<b>Luncheon and Networking Marketplace</b> <i>Oscar Wilde Ballroom</i>	
12:30pm - 12:35pm	<b>Transition to Workshop Session Two</b>	



# Healing the Past for a Healthy Future

Friday, May 3, 2019 / Killington Grand Resort, Killington, VT 7:30 am - 4 pm

## Workshop Session Two

12:35pm - 2:00pm	<b>Part 2: Trauma Informed Systems: An Organizational Healing Model</b> <i>Northstar I</i>	<b>Dr. Ken Epstein</b>
12:35pm - 2:00pm	<b>Stretching 3SquaresVT Benefits: How Crop Cash Can Double Your Money</b> <i>Northstar II</i>	<b>Jennie Porter</b> <i>NOFA-VT</i>
12:35pm - 2:00pm	<b>Hunger On College Campuses: Vermont Solutions to a National Issue</b> <i>Gateway I&amp;II</i>	<b>Emily Cohen</b> <i>Vermont Foodbank</i> <b>Phil Morin</b> <i>Hunger Free Vermont</i> <b>Caroline Aubrey</b> <i>University of Vermont</i> <b>Jenney Izzo</b> <i>Community College of Vermont</i> <b>Nicole Rohrig</b> <i>University of Vermont</i> <b>Krista Swahn</b> <i>Northern VT University, Johnson</i>
12:35pm - 2:00pm	<b>Connecting Food Insecurity, Decision-Making, and Mental Health</b> <i>Escapade I&amp;II</i>	<b>Natasha Duarte</b> <i>Dynamic Brains Consulting</i>
2:00pm - 2:15pm	<b>Transition to Session 3 (Snacks are available in the lower lobby)</b>	

## Workshop Session Three

2:15pm - 3:45pm	<b>Part 3: Application of the Model to the Mission</b> <i>Oscar Wilde Ballroom</i>	<b>Dr. Ken Epstein</b>
2:15pm - 3:45pm	<b>Culinary Ability, Organization, and the Promise of Personal Skills to Support Health</b> <i>Northstar I</i>	<b>Amy Trubek</b> <b>Emily Barbour</b> <b>Caitlin Morgan</b> <i>University of Vermont</i>
2:15pm - 3:45pm	<b>Gleaning 101: Best Practices in Gathering Excess Vegetables and Building Relationships with Farmers</b> <i>Northstar II</i>	<b>Andrea Solazzo</b> <i>Vermont Foodbank</i> <b>Aly Martelle</b> <i>Intervale Community Farm</i>
2:15pm - 3:45pm	<b>Healthy Food in Food Shelves</b> <i>Gateway I&amp;II</i>	<b>Kate Roome</b> <i>Vermont Department of Health, Springfield</i> <b>Nancy Olson</b> <i>Putney Foodshelf</i> <b>Lisa Pitcher</b> <i>Our Place Drop-in Center</i> <b>Alice Stewart</b> <i>RiseVT</i>
2:15pm - 3:45pm	<b>Transportation as a Barrier to Food Shelf Access</b> <i>Escapade I&amp;II</i>	<b>John Gorton</b> <i>Sheldon Methodist Church Food Shelf</i> <b>Toni Auriemma</b> <i>Northwest Family Foods</i> <b>Robin Way</b> <i>C.I.D.E.R.</i> <b>Michelle Trayah</b> <i>Northwestern Counseling and Support Services</i>