



**Hunger
Action
Conference**
2019
vtfoodbank.org/event/hac

Healing the Past for a Healthy Future

Conference Agenda for Friday, May 3rd *

7:30am - 8:30am	Registration, Continental Breakfast, and Networking Marketplace <i>Oscar Wilde Ballroom</i>	
8:30am - 8:50am	Opening Plenary: Welcome & Recognition Presentation of the Bonnie Pease Service Award <i>Oscar Wilde Ballroom</i>	John Sayles <i>Vermont Foodbank CEO</i> Joe Dauscher <i>Vermont Foodbank</i>
8:50am - 9:50am	Keynote Session: Relational Healing in the Time of Evidence <i>Oscar Wilde Ballroom</i>	Dr. Ken Epstein
9:50am - 10:15am	Networking Marketplace and Refreshments <i>Oscar Wilde Ballroom</i>	
Workshop Session One		
10:15am - 11:40am	Part 1: Understanding Trauma and Stress <i>Oscar Wilde Ballroom</i>	Dr. Ken Epstein
10:15am - 11:40am	Understanding How Our Past Affects Our Future <i>Northstar I</i>	Michael Thompson <i>University of Vermont</i>
10:15am - 11:40am	Increasing Food Security While Reducing Food Loss and Waste <i>Northstar II</i>	Anne Bijur <i>VT Agency of Natural Resources</i> Theresa Snow <i>Salvation Farms</i> Christopher Russell <i>Cumberland Farms</i> Megg Hanna <i>BROC Community Action</i>
10:15am - 11:40am	Cross Class Communication Using Trauma Informed Principles <i>Gateway I&II</i>	Angela Berkfield Deb Witkus Kendra Colburn <i>Equity Solutions</i>
10:15am - 11:40am	How Poverty Changes the Food System: What is Born from the Failures of the Traditional Food System <i>Escapade I&II</i>	Hannah Harrington <i>Chittenden Emergency Food Shelf</i>
11:40am - 11:45am	Transition to Lunch	
11:45am - 12:30pm	Luncheon and Networking Marketplace <i>Oscar Wilde Ballroom</i>	
12:30pm - 12:35pm	Transition to Workshop Session Two	

* contents subject to change



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Friday, May 3, 2019 / Killington Grand Resort, Killington, VT 7:30 am - 4 pm

Workshop Session Two

12:35pm - 2:00pm	Part 2: Trauma Informed Systems: An Organizational Healing Model <i>Northstar I</i>	Dr. Ken Epstein
12:35pm - 2:00pm	Stretching 3SquaresVT Benefits: How Crop Cash Can Double Your Money <i>Northstar II</i>	Jennie Porter <i>NOFA-VT</i>
12:35pm - 2:00pm	Hunger On College Campuses: Vermont Solutions to a National Issue <i>Gateway I&II</i>	Emily Cohen <i>Vermont Foodbank</i> Phil Morin <i>Hunger Free Vermont</i> Caroline Aubrey <i>University of Vermont</i> Jenney Izzo <i>Community College of Vermont</i> Nicole Rohrig <i>Sodexo UVM</i> Krista Swahn <i>Northern VT University, Johnson</i>
12:35pm - 2:00pm	Connecting Food Insecurity, Decision-Making, and Mental Health <i>Escapade I&II</i>	Natasha Duarte <i>Dynamic Brains Consulting</i>
2:00pm - 2:15pm	Transition to Session 3 (Snacks are available in the lower lobby)	

Workshop Session Three

2:15pm - 3:45pm	Part 3: Application of the Model to the Mission <i>Oscar Wilde Ballroom</i>	Dr. Ken Epstein
2:15pm - 3:45pm	Culinary Ability, Organization, and the Promise of Personal Skills to Support Health <i>Northstar I</i>	Amy Trubek Emily Barbour Caitlin Morgan <i>University of Vermont</i>
2:15pm - 3:45pm	Gleaning 101: Best Practices in Gathering Excess Vegetables and Building Relationships with Farmers <i>Northstar II</i>	Andrea Solazzo <i>Vermont Foodbank</i> Aly Martelle <i>Intervale Community Farm</i>
2:15pm - 3:45pm	Healthy Food in Food Shelves <i>Gateway I&II</i>	Kate Roome <i>Vermont Department of Health, Springfield</i> Nancy Olson <i>Putney Foodshelf</i> Lisa Pitcher <i>Our Place Drop-in Center</i> Alice Stewart <i>RiseVT</i>
2:15pm - 3:45pm	Transportation as a Barrier to Food Shelf Access <i>Escapade I&II</i>	John Gorton <i>Sheldon Methodist Church Food Shelf</i> Toni Auriemma <i>Northwest Family Foods</i> Robin Way <i>C.I.D.E.R.</i> Michelle Trayah <i>Northwestern Counseling and Support Services</i>