



Sesame Beet and Carrot Slaw

4-6 servings

INGREDIENTS

- 2 medium sized beets, peeled
- 3 carrots
- 1/4 cup rice wine vinegar
- 1/4 cup sesame oil
- 1/4 cup sesame seeds (optional)

DIRECTIONS

1. Shred beets and carrots.
2. Add oil, vinegar, and sesame seeds. Mix and serve.



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