



# Fresh Salsa

4-6 servings

## INGREDIENTS

- 3 cps chopped tomatoes
- 1/2 cup of green pepper
- 1 onion diced
- 1/4 cup cilantro (optional)
- 2 Tbsp lime juice
- 1 Tsp salt

## DIRECTIONS

1. Stir together tomatoes, green pepper bell pepper, onion, cilantro, lime juice and salt. Enjoy!



Vermont  
Foodbank  
VT Fresh

**Become a Recipe Tester and enter to win a \$100 gift card!**

Visit VT Fresh for recipes, videos & more! [vtfoodbank.org/vtfresh](http://vtfoodbank.org/vtfresh)

This material was funded in part by USDA's Supplemental Nutrition Assistance Program (SNAP). USDA is an equal opportunity provider and employer



# Fresh Salsa

4-6 servings

## INGREDIENTS

- 3 cps chopped tomatoes
- 1/2 cup of green pepper
- 1 onion diced
- 1/4 cup cilantro (optional)
- 2 Tbsp lime juice
- 1 Tsp salt

## DIRECTIONS

1. Stir together tomatoes, green pepper bell pepper, onion, cilantro, lime juice and salt. Enjoy!



Vermont  
Foodbank  
VT Fresh

**Become a Recipe Tester and enter to win a \$100 gift card!**

Visit VT Fresh for recipes, videos & more! [vtfoodbank.org/vtfresh](http://vtfoodbank.org/vtfresh)

This material was funded in part by USDA's Supplemental Nutrition Assistance Program (SNAP). USDA is an equal opportunity provider and employer