Sweet Potato Wedges

Prep Time: 10 min Cook Time: 30 min Servings: 4

These sweet Potato Wedges are perfectly crispy and highly nutritious. They are great as a side dish or snack that everyone will love. Try these with a Greek Yogurt Chive Dipping Sauce: 1 cup plain Greek yogurt, 1 tablespoon lemon juice, 2 tablespoons chives, ¼ teaspoon salt, ¼ teaspoon pepper.



Ingredients

- 3 large sweet potatoes
- 1/2 tsp salt
- 1/4 tsp pepper
- 3 Tbsp oil

Steps

- 1. Heat oven to 400°F.
- 2. Wash sweet potatoes well and pat dry (no need to peel).
- 3. Cut each potato in half lengthwise, and then cut each half into 8 wedges.
- 4. In a large bowl, combine the cut potatoes, salt, pepper and oil. Toss until potatoes are evenly coated.
- 5. Arrange potatoes in a single layer on a baking sheet.
- 6. Bake for 15 minutes, turn halfway, and continue baking for an additional 15 minutes.
- 7. Bake until edges are crisp and potatoes are fork tender.
- 8. Enjoy hot!

