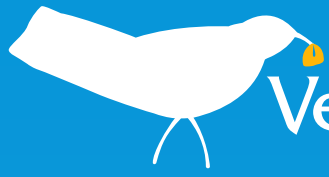


1-ON-1 HELP WITH



Vermont Foodbank

3SQUARESVT

3SquaresVT is Vermont's name for the federal government's Supplemental Nutrition Assistance Program, or, SNAP.



3SQUARESVT



SNAP

How does 3SquaresVT work?
Am I eligible for this program?
How do I apply? Is there help?

These are all great questions. Our 3SquaresVT team can help answer them!



The Foodbank's team offers free, confidential assistance with 3SquaresVT eligibility questions and applications. A real person will be with you every step of the way.

If you qualify and are approved, you'll be able to use your benefits at more than 600 retail stores and farmers markets in Vermont!

